

A N N U A L  
N A R R A T I V E R E P O R T

YUMA COUNTY

December 1, 1951

November 30, 1952

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AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins  
Home Demonstration Agent

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

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ANNUAL NARRATIVE REPORT  
of  
Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County  
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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

(a) Highlights

Adult Work

Nine Home Demonstration Clubs and four associate clubs have held one hundred and fifty-nine meetings during the year with an attendance of twenty-four hundred and ninety-six. Of these forty-seven were attended by the Agent with a total attendance of seven hundred and fifty-five.

To show how the work has been divided between adult and 4-H club work during the past five years is the following:-

Year	Home Demonstration Agent		Assistant Home Demonstration Agent
	Days devoted to adult work	Days devoted to 4-H work	Days work in County
1948	116	168	24
1949	125	154	14
1950	145	140	90
1951	127	154	148
1952	126	159	

This year, as usual, there have been calls for the Agent to do special programs or arrange for special services other than the above. Among these can be mentioned: Yuma Garden Clubs; Church Auxiliary; Parent Teachers Association. Other than this, such organizations as the Business and Professional Women's Club, the Zonta Club, the Delta Kappa Gamma Educational Association, the American Association of University Women, Yuma Chapter Number 14, Order of the Eastern Star, have been served by the Agent. A county-wide program in nutrition, clothing and home management was planned with the State Office and has been carried out.

Nutrition

In November of 1951, a leader meeting was held on the subject "Food for Entertaining" with Mrs. Elsie Morris, State Nutritionist in charge.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

Nutrition

Results of this meeting have been compiled as follows:-

Number reported serving buffet meals in thier homes

Club members 71

Others 21

Number of club meals planned and served buffet style 29

Number using dry skim milk powder to increase milk intake 143

In March of 1952, a leader meeting was held on the subject "Good Breakfast" with Mrs. Elsie Morris, State Nutritionist in charge. Results of this meeting have been compiled as follows:

Homemakers serving a better breakfast as a result of this project 124

Changed food habits 143

Number eating a good breakfast daily 212

Number drinking a glass of milk for breakfast daily 78

Homemakers buying more milk 175

Number eating citrus fruit for breakfast 220

During the year, the Agent has carried a program with all Home Demonstration Clubs by means of demonstrations, discussions and work meetings. Subjects included have been: Christmas Foods, Nutrition and Health, Dairy Foods and Home Pasteurization of Milk, Packaging Foods for the Freezing. Results from these meetings have been tabulated and entered in the statistical report.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings from previous years such as: "Meals that Can Wait", "Salads from Locally Grown Produce", "Favorite Mexican Dishes", "Holiday Meals", and "Grapefruit Desserts".

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

Nutrition

As in previous years, the Agent has answered inquiries and distributed Extension Bulletins on freezing and canning of foods, child care and training, gardening, menu planning, etc. In addition, a bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition.

Clothing

In February and March of the current year, Better Dressmaking schools were held with Miss Helen Church, State Clothing Specialist in charge. Forty-six leaders completed dresses as a result of the schools. The county results have compiled as follows:-

Method or methods used	
Showed by doing	10 leaders
Showed by completed	
article or illustration only	12 leaders
Had work meetings	16 leaders
Only discussion	8 leaders

Number of women assisted in making better dresses

Club members	120
Others	54

Information on

a. Making a belt	147
b. Setting in sleeves	91
c. Fitting demonstration	165
d. Use of measurements in	
altering a pattern	96
e. Stay stitching	191
f. Making bound buttonholes	83

Number of dresses made after the meetings      186

In November of the current year a leader meeting was held on "Wardrobe Planning". While this work was very well received, obviously, no results can be reported until there is time for the subject matter to be given back to local groups.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Adult Work (con't)

Clothing

There have been method demonstrations by the Agent and leaders during the year on: Pattern Alteration, Christmas Gift Suggestions, Stencilling, Stay Stitching, Pressing, Accessories, Dress Alterations, Tailoring Techniques, Selection of Fabrics, etc.

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred families have been assisted by the adult program.

Home Management and Family Economics

As in previous year<sup>s</sup>, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

In January of the current year a leader meeting was planned on Room Accessories with Miss Grace Ryan, Home Management Specialist in charge. However, it was found necessary to postpone the meeting and to fill in for meetings, Miss Ryan sent two kits, one on linoleums and one on cleaning rugs and upholstery. County results for use of the latter kits are as follows:-

Number reported studying their methods of cleaning and making changes

	Club members	95
	Others	43
1. Better use of tools (Brooms, brushes, vacuum cleaners)		
	Club members	31
	Others	12
2. Using more suitable cleaning compounds		
	Club members	91
	Others	36
3. Better daily, weekly, and annual care of articles		
	Club members	50
	Others	27

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### C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

#### (a) Highlights (con't)

#### Adult Work (con't)

##### Home Management and Family Economics

While there has been no attempt to obtain statistics, there has been considerable activity with projects of previous years as follows: Importance of Correct Lighting in the Home; Refinishing Furniture.

In November of the current year a leader meeting on "Success Hints for Use of Electricity" and on "Care of Equipment" was held with Miss Ryan, Home Management Specialist in charge. The work was well received and results will be compiled when there has been time for the necessary follow-up meetings.

The making of slip covers, re-upholstery of furniture and making of lined drapes continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year, seven demonstrations or all day work meetings have been held by the Agent. There has been a report of fifteen such meetings being conducted by leaders. There have been others not reported.

#### Junior Work

A combined report for 4-H Home Economics and Agricultural Club work is being submitted in separate report. However, since a little more than half the Home Demonstration Agent's time was given to 4-H club work, it can scarcely be omitted from this report.

The Agent has supervised 4-H Home Economics projects in the County. In addition, time has been spent with the preparation and operation of such special events as a Yuma County Junior Agricultural Fair, County Council Meetings, County Leaders Association Meetings, Leader Training Schools, delegations to 4-H Roundup and 4-H Camp, Recognition Banquet, State Fair, etc.



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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Junior Work (con't)

As in previous years, the Junior Agricultural Fair this year required much time in preparation. Specific examples were: work on Fair Catalogue, entry sheets, superintendent books, sweepstakes book, planning and executing the setting up of booths, decorations etc, working with leaders on Fair entries and on Dress Revue plans, supervising the preparation of demonstrations, etc. One hundred and forty-five girls exhibited from one to seven articles. The quality was very good, especially was this true of the senior girls exhibits. Nineteen foods demonstrations eight clothing and one home furnishing demonstrations were given.

The Recognition Banquet was attended by approximately three hundred 4-H members, leaders, parents and guests. Awards for the year were made: leader, county, state. This current year, Yuma County has three 4-H Home Economics delegates to the Congress in Chicago, as follows: Myrna Ellis, Rosalie Robles, and Betty Bickers.

During the year, a total of twenty-three Home Economics clubs (mixed clubs included) were supervised by the Agent. This year, practically all clubs were community clubs. School authorities played no part in organization or in operation. However, because of our hot summer climate, the major portion of project work was carried during the school year.

Project enrollments and achievements were as follows:-

	Enrolled	Completed	
Clothing	234	185	
Food Preparation	188	141	
Food Preservation	9	9	
Home Furnishing	9	9	
Home Management	2	2	
Junior Leadership	8	6	
	<u>450</u>	<u>352</u>	
Percentage of projects completed			78%



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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(a) Highlights (con't)

Junior Work (con't)

Statistics

From the statistical report for the Home Demonstration Agent is the following:-

Days spent in adult work. . . . .	126
Days spent in 4-H Club Work . . . . .	159
Total for the year. . . . .	285

Days spent in the office. . . . .	68
Days spent in the field . . . . .	217
Total for the year. . . . .	285

Days spent on Projects	
Organization and Planning . . . . .	99
Improvement and Equipment. . . . .	40
Nutrition and Health. . . . .	52
Clothing, Family Economics, Parents	
Education, Community Life . . . . .	80
Miscellaneous . . . . .	14
Total for the year. . . . .	285

(c) Local Factors Influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures, six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless, the total acres on which cultivated crops have been grown has been relatively small. Within the last ten years, about twenty-five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation. And now, with the Wellton-Mohawk project developed, the above is rapidly changing.

However, at present, the acres under cultivation in Yuma County is little more than three per cent of the total. In general, this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owned-operated.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(c) Local Factors Influencing (con't)

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For several years, the State policy was that Extension personnel should not work directly with Indians. Three years ago this policy was done away with and steps were taken to carry an Extension Program with the new settlers in the Parker area as told later.

(d) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

- (1) Work with adults through regularly organized clubs; through clubs other than those primarily organized for Home Demonstration work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(d) Form of Organization (con't)

Regularly organized Home Demonstration Clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma-Mesa (4) Somerton (5) Gadsden (6) North and South Gila (7) Wellton (8) Mohawk Valley (9) Tacna.

All Home Demonstration Clubs have a roster of members in the Agent's office and notices of meetings are sent to each member..

Clubs programs have been initiated at the County Home Demonstration Council Meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this completely. Limiting factors have been: shift in interests; change in duties of club members; prolonged summer heat.

In the various subject matter fields in the adult program the following leader meetings with the State Specialists in charge have been held:

February: Clothing "Better Dressmaking Schools"  
Miss Helen Church, State Clothing Specialist

March: Clothing "Better Dressmaking Schools"  
Miss Helen Church, State Clothing Specialist  
Nutrition "Good Breakfast"  
Mrs. Elsie Morris, Extension Nutritionist

November: Home Management "Success Hints for Use of Electricity"  
"Care of Equipment"  
Mrs. Grace Ryan, State Home Management Specialist  
Clothing "Wardrobe Planning"  
Miss Helen Church, State Clothing Specialist

During the year, the Agent has given back to clubs subjects matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference, University of Arizona; State 4-H Roundup, University of Arizona; 4-H Club Camp, Church Camp near Prescott; State 4-H Leaders' Conference, Flagstaff; State Home Demonstration Agent Conference, University of Arizona.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (con't)

(d) Form of Organization (con't)

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. For the past five years, this task has been simplified. A bulletin board has been installed in the Home Demonstration Agent's Office, now located in the Court House in the County Agent's headquarters. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

Until this year, the one county paper cooperating with the Home Demonstration program has been the Yuma Daily Sun. The first of January, 1952, a weekly called "Yuma County Farmer" came into being and the Home Demonstration Agent has carried a weekly column from it's beginning. In addition special meetings have been announced in both the Yuma Daily Sun and the Yuma County Farmer.

Yuma County now has two Radio Stations cooperating with the County Agricultural Agent's Office. Station KYUM has, since early in the spring of 1946, given a fifteen minute period once a week until November of this year. The Agent has taken her "turn" at this broadcast time and has presented timely Home Economics programs. At present KYUM is concentrating on Yuma County's Agricultural development with daily five minute broadcasts in which Home Demonstration work is not included.

This current year, the County Office has also carried a program with the new Station KYMA. These take the form of tape recordings and up to the present, the Home Demonstration Agent has taken her turn with broadcasts.

In all, during the year, twenty-nine broadcasts have been given by the Home Demonstration Agent.

D. PROGRAM OF WORK

(a) Factors considered and Methods used in Determining the Program of Work

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Home Maker Council.

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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the  
Program of Work (con't)

That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the Fall of 1939. Because of limiting factors, it, at first, functioned on a limited basis only. The last five years have seen the biggest advance in the movement partly because women are interested in the 4-H Club movement and want to help in every way possible and partly because they are coming to the realization that the movement has real worth.

Handicaps in the local leader movement have had to do with travel distances, climate, etc; and these handicaps, of course, continue. From the beginning, the movement has been carried in cooperation with the State Home Demonstration Staff and after plans have been formulated at State Conferences.

In 1946, the Council set up County goals which have been used each year since when setting up club year-books, etc. These goals are as follows:

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical check-up for every rural woman.
3. An adequate lunch for every school child.
4. Improve club kitchens.
5. Establish calling week.
6. At least one annual family get-together.

Requirements for a Certificate of Achievements had been set up by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a County or local achievement day; or a tour or exhibit.
4. Reports - Minimum two stories a year.
5. Majority of active members attend each meeting.  
(club decides who is active)
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting - state, if possible.
8. Sponsor at least one community activity.



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D. PROGRAM OF WORK (con't)

(a) Factors Considered and Methods Used in Determining the Program of Work (con't)

After 1946, for several years, these goals and Certificate of Achievement requirements were consciously checked. Of late, they have come to be routine things from which each club operates.

In 1947, an excellent school lunch was established at Wellton for the first time and the movement was initiated by the Home Demonstration Club. A building was constructed in the school yard especially for the cafeteria and equipped with large electric refrigerator, institutional gas stove, adequate counter, sink, table space, dishes, utensils, etc.

This school lunch has operated continuously to the present time. To date there have been two head-operators both of whom have been Home Demonstration Club Members.

School lunches are at present writing being operated in all schools where Home Demonstration families attended and in all cases they are permanent institutions rather than make-shift affairs.

During the past year an extension building program has been underway in the schools throughout the county.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Road or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. These buildings are now being used as community centers for Extension programs.

The Gadsden Club, for some twenty-five years, had its own club house. It was a one room frame structure with a small kitchen and entry way. For years it served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Five years ago, a youth center building was erected across the road from the school house and absorbed some of the functions of the Women's Club House. Since the building was weathered considerably, the club decided to sell it and work toward building again. In 1950, the building was sold. The club still has the lots on which the building stood and a fund has been established toward building a new club house.

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D. PROGRAM OF WORK (con't)

(b) Influence of State and National Agricultural Agencies

Except for 4-H Club work, Home Demonstration Work in Yuma County is quite distinct from other Agencies. However, correlation does occur coming naturally rather than from a planned program.

Until five years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally because of the crowded condition in the County Court House. There was no suitable place for the Home Demonstration Agent's Office. Early in the spring of 1947, the Agricultural Adjustment Administration Office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done; putting in partitions, etc., so that each of the three Agents could have a room of their own with a general room and a general reception room as well. While the room for the Home Demonstration Agent is small, it is quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. Telephone calls continue to come mostly to the Agent's home. This is to be understood since, for twelve years, women called the Agent before or after hours, in order, as they say, to catch her in.

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. Each year, however, as the need arises, there are instances of cooperative work.

(c) Project Activities and Results

1. Organization

Sub Project A - Farm Organization

The town of Yuma is the center of interest for all the Southern part of the County. Rural people, without exception, come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in ~~pop~~ population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason, it has always been hard to draw a line between urban and rural activities.



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project A - Farm Organization (con't)

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma-Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma-Mesa and whose principal industry is growing of citrus. A third division designated as Yuma-Mesa is adjacent to the Air Base. It is here that the Yuma-Mesa veteran families live, those who drew plots of land from the government after the Second World War.

In the Fall of 1949, a black topped desert road between Yuma and Quartzsite was opened which makes transportation much less difficult, and the people in the northern part of the county more accessible than at any time previous.

In Yuma County, needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so that she must ever be on the alert that the material she gives is up-to-date and sound.

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the County is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results(con't)

1. Organization (con't)

Sub Project B - Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration Office which in turn operates from the Agricultural Extension Service office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and the Extension Nutritionist and also the State Assistant 4-H Club leader in charge of Home Economic Club Work.

The State Leader of Home Demonstration Work assists with all County Council Meetings which have to do with planning.

Adult Home Maker Club meetings actually attended by the Agent during the current year may be listed as follows:

December

10 Yuma-Mesa Club  
11 North & South Gila Valley  
12 Gadsden  
14 Mohawk Valley  
19 Unpper Valley

January

3 Crane  
15 North & South Gila Valley  
16 Gadsden  
18 Upper Valley  
25 Somerton vicinity

February

1 Parker  
6 Gadsden  
19 North & South Gila Valley  
28 Wellton

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

March

13 Mohawk Valley  
14 Gadsden  
20 Salome  
25 North & South Gila Valley  
27 Wellton

April

2 Gadsden  
8 North & South Gila Valley  
15 Yuma Valley  
16 Gadsden  
23 Wellton

May

1 Mohawk Valley  
8 Yuma vicinity  
13 North & South Gila Valley  
22 Mohawk Valley

June

10 North & South Gila Valley  
11 Mohawk Valley

July

21 Gadsden  
22 North & South Gila Valley  
24 Mohawk Valley  
25 Yuma-Mesa

August

5 North & South Gila Valley  
20 Gadsden

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project B - Home Economics Extension (con't)

September

9 North & South Gila Valley  
17 Gadsden

October

7 North & South Gila Valley  
8 Mohawk Valley  
15 Gadsden  
17 Somerton vicinity

November

1 Yuma-mesa  
6 Mohawk Valley  
19 Gadsden  
25 North & South Gila Valley  
28 Somerton vicinity

Sub Project C - Home Makers Council

A county-wide home maker council, whose function is to determine program content for Home Demonstration work in the county, has become progressively a reality. By way of recording progress made to the time, the following is told: During the war period it was impossible to hold county wide homemakers councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These groups' decisions were pooled for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Since 1946, the County Office has published its own Home Maker's Year Book. The general outline has each year been as follows: County goals; Club enrollment; Officers; Suggested programs subjects; Homemakers Creed; a Calendar of month meetings. Also scattered through the book have been timely quotations and space has been provided for note taking.

Last year, for the first time, year books were made for each club. This has entailed working with program committies from each club separately. It has had certain advantages because less has had to be written in and clubs have been able to proceed in a better organized fashion.

The last five years have seen a real advance in Home Demonstration planning through the Home Makers Council.

In October 1948, the County Council meeting resulted in members selecting the following for club study during the year 1949:

Foods and Nutrition

Use of Plentiful Foods  
Preserbation of Foods by Freezing  
New Methods of Freezing Citrus Foods  
Nutrition

Clothing

Making over Clothes  
Tailoring Techniques  
Selection of Foundation Clothing  
Making and Buying Children's Clothing  
Home Dry Cleaning  
Laundering Wool Sweaters  
Basic Patterns

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

Home Furnishings

Color  
Problem Windows  
Draperies  
Types of Furniture  
Furniture Rejuvenation  
Furniture Finishing and Repairing

In October of 1949, the County Council Meeting resulted in the following recommendations for the year 1950:-

Clothing

Continuation of Tailoring School  
Wardrobe Planning  
    Individual Styling  
    Individual Color Schemes  
Pattern Alterations and Correct Measurements  
Introductions of new fabrics

Nutrition

Meals that can wait  
Salads using local grown foods  
Freezing Foods

Home Management and Interior Decoration

Refinishing furniture  
Lighting - Making of Lampshades

Recreation and Community Activities

1. Library consideration
2. Health consideration
  - Sewage
  - Brucellosis
  - Fluorine
  - Cancer research

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

- 3. Recreation
  - Square Dancing
  - Roller Skating
  - Baseball, Basket Ball, Volley Ball
  - Leadership school in Recreation

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County. Certain modifications were necessary, as might be expected to conform with the state program. The use of specialists with 4-H Club work was also included.

January

- 4-H Clothing Leader Workshops
- Tailoring School Achievement meeting

February

- Nutrition Leader Meeting "Meals that Can Wait"
- 4-H Leader Meal Planning Work Shops

March

- Nutrition Leader Meeting "Salads Using Local Grown Foods"

April

- Home Furnishing Leader Meeting "Special Wood Finishes"

May Clothing Leader Meeting "Pattern Alteration"

June

- Clothing Leader Meeting "Pattern Alteration"

September

- Home Furnishing Leader Meeting "Lighting"

October

- Home Furnishing Work Shop "Lamp Shades"

November

- Clothing Leader Meeting "Wardrobe Planning"



Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

With the exception of the meeting on "Wardrobe Planning", the meetings were carried out as planned.

The Fall of 1950, the Council made plans for work with the specialists during the 1951 year as follows:-

Januray

Clothing Leader Meetings "New Techniques"

February

Home Management Leader Meeting "Laundry Methods"  
4-H Home Management Leader Workshop

November

Nutrition Leader Meeting - "Food and Entertaining"

In 1951, a County Council Meeting was held in the business and professional Women's Club house in Yuma. Miss Jean Stewart, State Leader of Home Demonstration Work came to the County for the meeting.

The following requests for specialists help were made:

Clothing

Work shops on better dress. . . . . February, 1952  
Wardrobe Planning . . . . . October, 1952

Foods

Good Breakfast. . . . . March, 1952  
Food at Mid-Day . . . . . December, 1952

Home Furnishing - Home Management

Room Accessories. . . . . January, 1952  
Care of Household Equipment . . . . . November, 1952

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

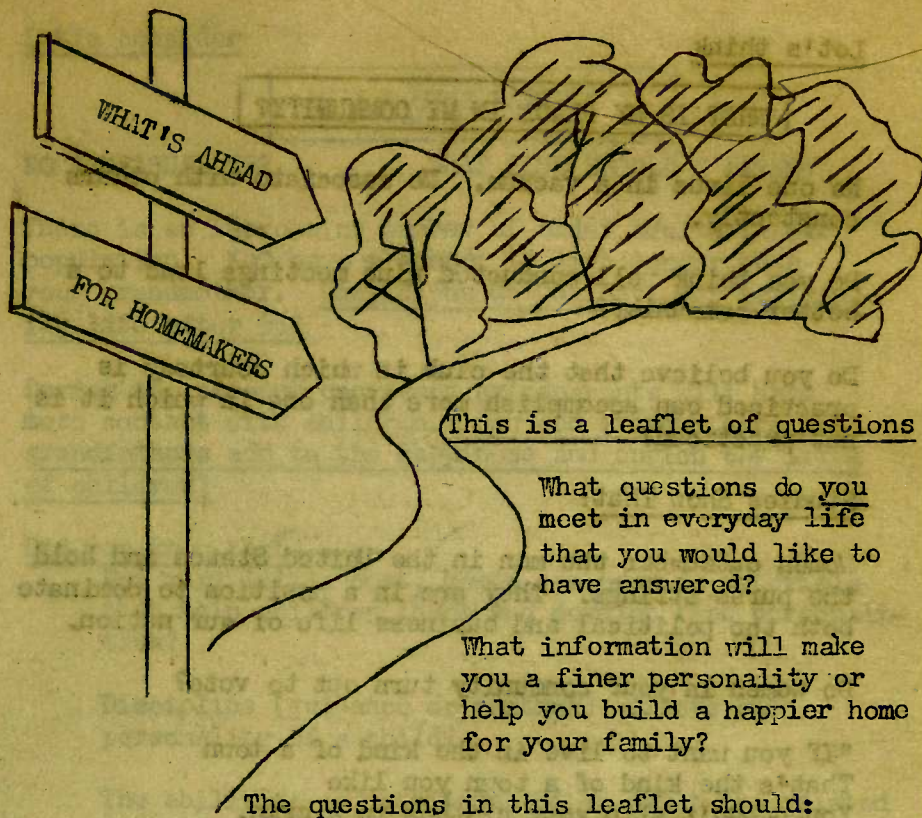
Sub Project C - Home Makers Council (con't)

At this meeting, plans were made for a second meeting to take the form of a luncheon at the newly constructed Yuma Country Club. The purpose of the meeting was to plan for a Rural Life Day which had not materialized as planned originally for June of 1951. This day took place in December of this current year and will be reported later.

On October 3rd, 1952, the Yuma County Home Maker Council held its annual program planning meeting. It took the form of a luncheon at Clymers with Miss Jean Stewart, State Leader of 4-H Club, as guest speaker. Thirty delegates were present representing the following clubs: Gadsden Home Demonstration Club, Rood Home Demonstration Club, Somerton Vicinity Home Demonstration Club, and Parker Home Demonstration Club.

To set the pace for planning, the Agent, previous to the meeting, sent to all clubs copies of the leaflet "What's Ahead for Homemakers". This was an adaptation of leaflets discussed at the State Conference for Home Demonstation Agents in June.

Miss Stewart gave a very timely illustrated discussion of present day problems after which those present divided themselves into four chatter groups as follows: Foods and Nutrition, Clothing, Home Management and Home Furnishing, Health and Community Life. The Groups then reported back to the entire meeting after which a vote was taken on each groups prposals. This resulted in the following:



The questions in this leaflet should:

1. Start your thinking and discussion.
2. Help you decide what you want to know.

REMEMBER

As long as you want to keep learning you are still young!

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



Let's think

**WHAT IS MY PLACE IN MY COMMUNITY?**

No one lives in a vacuum. We associate with others constantly.

Do you think well conducted club meetings lead to a better community?

Do you believe that the club in which courtesy is practiced can accomplish more than one in which it is not practiced?

Studies Show That:

Women outnumber the men in the United States and hold the purse strings. They are in a position to dominate both the political and business life of our nation.

Do women in your community turn out to vote?

"If you want to live in the kind of a town  
That's the kind of a town you like  
You needn't slip your clothes in a grip,  
And start on a long, long hike.  
For you'll find else where what you left behind -  
This is terribly, terribly true!  
Just check on homes when you check your town  
It's made by your neighbor-and-you".

Paraphrase on Burton Braley's  
"Your Town"

Let's consider

AM I A WISE PARENT?

DO I MEASURE UP?

WHAT ELSE SHOULD I LEARN?

There is an increasing number of older adults in our population. You have a chance to live longer than your grandmother. What plans do you have for satisfying life after 55?

During the present emergency grandparents will have more contact with children. How can grandmothers and grandfathers add to the happiness and enrich the lives of children?

Did you know that-----

For very little cost, homes can provide materials that help children learn and develop fine personalities?

Discipline (guidance or control) affects the personality of a child?

The abilities and attitudes of an adult are related to the self confidence he developed as a child?

One of the greatest contributions toward world peace that a homemaker can make is to guide her children well. What is your family doing to develop citizenship in your children?

Studies indicate that children find needed security in observing holidays as a family unit. How can holidays be happy instead of frustrating?

Parents and teen-agers often have difficulties or friction. How can a mother understand her teen-age child?

The way brothers and sisters get along together affects their adjustment to life. Did you know that "peace" among them is not always a good sign?

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



After reading these questions, what questions do you have? List:

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## Let's Discuss

### AM I PROTECTING MY FAMILY'S HEALTH?

Did you know that:

Chronic diseases strike one out of every six people:

3/4 or all hospital patients have a chronic disease?

Chronic disease accounts for 2/3 of all deaths?

Do you know the three leading chronic diseases?

(Heart disease, cancer and tuberculosis)

By becoming better informed, you can do much to reduce the seriousness of each disease.

It's a Fact!

- A conservative figure shows that 10 percent of the rural population in our country has undulant fever. It could be 10 percent of your club members that are affected.
- There are 24 serious diseases that human beings contract from animals.
- Bovine T. B. affects children especially and is passed on thru milk.

What can we learn to protect ourselves from diseases passed from animals to man?

Is your family drinking pasteurized milk?

- Sanitation is a never-ending job. If anyone relaxes controls, colds and all kinds of disease spread rapidly. How many simple things are important in preventing spread of disease?
- Are you sure you know the most you can about keeping well?

Examples of poor food habits that may do no harm daily but affect health over a time can be found in any community.

- How could you help your family to eat more vegetables? Milk?

Would what you and your family ate yesterday add towards building good health? How could you tell?

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



Overweight or underweight is believed to be one of the most frequent kinds of malnutrition in the United States.

What advice should you give a friend who wanted to reduce safely?

How can we plan refreshments at club to be refreshing but not too rich?

Do you know the causes of infant deaths and how to prevent them?

In Arizona last year, one among every 20 babies born, died before it's first birthday. In some areas, one in 9. The National average is about one death in every 40 births in the first year of life.

As you discuss these questions, you may have other questions. List these below:

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Let's consider

IS MY HOME AT ITS BEST?

Studies show that a house affects both physical and mental health--helps make a pattern for our living. Have you checked your house lately?

Does it provide -

Yes   No

For dad's pleasure and business? - - - - -

Somewhere to read and sew comfortably? - - - - -

A place you enjoy working in? - - - - -

Adequate space for the teen-ager in your family and his friends? - - - - -

A place for grandma? - - - - -

Privacy for everyone? - - - - -

Places to put things out of sight but within easy reach? - - - - -

Good use of the views outside? - - - - -

Safe wiring? - - - - -

Well placed entrances? - - - - -

Do you know that? - -

\* Our eyesight is affected by the kind and the placement of our lamps?

1. Would you intentionally rob your family of their eyesight?

2. Have you placed your lamps for use rather than beauty?

3. Is what's under the lampshade as important to you as the appearance of the lamp? (page 7)

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



\* It isn't the amount of money we spend on furnishings that counts as much as how we spend it.

1. How can you be sure you're getting your money's worth?
2. Could some of the things you have be made to look new rather than buy new ones?

\* The clean, neat and attractive home is the luxurious one.

1. Are you proud of the appearance of your Home?  
What would you like to change?

\* We can usually make things for our homes less expensively than we can buy readymade.

1. What things could you make for your home that you need and would enjoy making?
2. Can you always find readymades that you need for your house in color, pattern, quality and style?

\* Your work can be easier. Every homemaker has her own Talent and abilities in managing a home.

1. Are you interested in better use of the house-keeping tools you have or the housekeeping tools you may buy?
2. What tasks do you find difficult or unpleasant?

Let's Consider:

DOES MY FAMILY LIKE A GOOD APPEARANCE?

Women invest a great deal of their clothing money in "good" clothes.

When you buy a "good" dress what points do you look for?

Buymanship in clothing is a real challenge to every woman.

What articles of clothing do you buy most often? Why?

When is a bargain a bargain in a dress? Suit?

WHY?

Are you dissatisfied with some of your clothes?

Do You Know - - -

Why we "never have a thing to wear?"

What problems we have with figured dress material?  
Dull or shiny surfaces? Shoor fabrics? Heavy or stiff textures?

How's your Clothing IQ?

How many of the latest finishes on cloth can you name? Have you used?

Could you take a rumpled costume and make it look like new?

What makes a dress stylish?

What makes clothing comfortable?

What are the essentials in a sewing center?

When should you select nylon? Rayon?

What clothing upkeep do we face in 1952?

9. .

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



If you have questions about clothing, what are they?

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Let's Discuss

MY TIME AND MONEY! WHERE DO THEY GO?

Do you believe----

- That money talks? What has it said to you about an income later in life? Are you planning insurance, social security--or how should you face it?
- That spending money is a responsibility? What kind of a shopper are you? What is wise spending?

The changing value of money has concerned many people. How can you protect yourself when a dollar is worth fifty cents?

We can only buy what manufacturers make or stores sell. How can we persuade them to make or sell that we want? Is it important to have a guarantee on goods? A label or tag? What should it say? Do you think labels have become more helpful?

In general women live longer than men. Do you know adequate business terms and facts that you could carry on in an emergency?

You probably spend a great deal of time handling small equipment in your kitchen  
Can you keep your paring knife sharp? If not, why not?  
What kinds of pans should you be using on your stove?  
What kitchen gadgets are smart to own?

Many women are taking extra jobs or have community interests in addition to housekeeping. Are you working for your house--or is it working for you? How do you know?

Leaflet sent to Homemaker Clubs previous to County Council Meeting with the request that they use it to obtain program requests.



WHAT AM I WORKING FOR?

Check the things your family is working to accomplish the next few years.

Pay for home

Educate the children

Buy a farm

Build a home

Remodel or refurnish house

Save

Invest in farm or business equipment

Other goals

How can a family work together to reach their goals?

## What is Security?

What kind of lesson material will help us plan what we want as a family, then strive to get this?



# THE REPORT OF THE COUNTY COUNCIL MEETING

Subjects requested for the club programs - 1953

Attendance at Council Meeting 36  
Organizations represented 12

Yuma County Homemaker Council

Requested Specialist Helps Presented in Summary of Discussion Groups	No. Interested (Most-Some-Few)	Any additional information about questions as to why club members want them answered
<u>Clothing Leader Meetings</u>		
1. Work school on "Dresses that Will Work With You"	(Most - 55 points)	- - - - - Actually making the dresses advocated by the Oregon study will mean practices adopted throughout the Co.
2. Study of New Fabrics - Use, Care, and Techniques of Sewing	(Second - 53 points)	- - - - - Would like this to include a kit of swatches to be used in follow-up meetings.
3. Pattern Alteration - - - - -	(Some - 34 points)	- - - - - Would like added information for long time long time 4. Decorative Embroidery - - - - - (Few - 27 points)
<u>Nutrition Leader Meetings</u>		
1. Preparing Menues for the Freezer - - - - -	(Most - 54 points)	- - - - - Using freezer to plan & prepare meals on weekly or longer bases will help to remove congestion of kitchen work.
2. Quality preparation, etc.	(Second - 53 points)	- - - - - Would like actual demonstration.
3. Preparing foods for the freezer - - - - -	(Some - 32 points)	- - - - - Would like this to include comprehensive discussion of newer knowledge of nutrition.
4. Safe Reducing - - - - -	(Few - 12 points)	
<u>Families</u>		
<u>Home Management &amp; Home Furnishing</u>		
1. Short Cuts in House work - - - - -	(Most - 52 points)	
2. How to make your Money Work for You - - - - -	(Second - 43 points)	
3. Planning a Farm Home - - - - -	(Some - 24 points)	
4. Selection of Furniture - - - - -	(Few - 20 points)	
<u>Health and Community Life</u>		
1. Polio Therapy - - - - -	(Most - 50 points)	
2. Enlarge Hospital - - - - -	(Second - 46 points)	
3. Club Helps at Fair - - - - -	(Some - 29 points)	

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project C - Home Makers Council (con't)

The following suggested schedule for Specialists was sent to the State Office:

February - Miss Ryan - (1) Short Cuts in Housework  
(2) 4-H (1st or 3rd week)

March- - - Miss Church (1) Work school on "Dresses that will work with you"  
(2) 4-H (3rd or 4th week)

May- - - - Mrs. Morris (1) Preparing Menus for the Freezer

October- - Miss Stewart - Yuma County Council Planning Meeting  
(one day during week of 5th)

October-- Miss Church (1) Study of New Fabrics - Use, Care and Techniques of Sewing.  
(2) 4-H (1st or 3rd week)

November - Miss Ryan (1) How to make your money work for you  
(2) 4-H (1st or 4th weeks)

December - Miss Morris (1) Safe Reducing  
(2) 4-H (1st week or week of 28th)

The following calendar of work has since been received from the State Office:

MONTH	PLANNED ACTIVITY (List <u>adult</u> , followed by <u>4-H</u> or <u>Month</u> )	TO BE DONE BY WHOM	
		Agent Leader Other	specialist
January			
February 3-5	Short Cuts in house work	LTM	Ryan
6	4-H Home furnishing		Ryan
10-12	Dresses that work for you	?	Church

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

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1. Organization (con't)

Sub Project C - Home Makers Council (con't)

April 1	Develop Foods demonstration with agent	Morris
May 5 - 7	Preparing Menus for the Freezer LYM	Morris
October 20-22	New Fabrics	Church
Nov. 17- 18	How to make money work for you	Ryan
19-20	4-H - - Home Furnishing	Ryan
December 29-30	Safe Reducing	Morris

Sub Project D - 4-H Clubs

It has become the custom to submit a separate report for 4-H club work.

It is deemed advisable to also include the report in the Home Demonstration Agent's Narrative for the following reasons:-

(1) More than half of the time of the Agents was devoted to 4-H Club work.

(2) Printed form ES - 21 (Revised April, 1949) by the Extension Service, Washington, D. C., states "The Annual Report is a record of the Year's work - is the inventory of the past years' efforts."

From December 1951 to December, 1952, Home Economics 4-H clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work closed September 10th. Clubs organized since then will be submitted next year's report. Home Economics enrollments and completions by clubs for 1952 are as follows:-

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Bouse	4	4
Crane		
Jolly Commuters	11	9
Home Economics	18	14
Gadsden		
Stitch and Cackle	6	5
Go-Getters	17	15
Gila		
North - Up & Coming	12	9

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub project D - 4-H Clubs (con't)

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Parker		
N.Y.C.U.H.S.	12	11
Cactus Jumpers	16	2
Red Skins	5	5
Junior Red Skins	15	15
Quartzsite		
Hi Jolly	2	2
Rood Hustlers	9	7
Roll		
Busy Bees	11	9
Antelope	14	12
Salome	4	4
Somerton		
Little Women	13	10
Jr. Homemakers	17	14
Wellton		
Desert Queens	16	14
Wenden		
Harquahala	5	4
Yuma Mesa		
Busy Bodies	9	8
Hem and Ha!	12	10
Jackrabbits	5	2
	<u>250</u>	<u>201</u>

Per cent completions - 88.5

During 1952, the Home Demonstration Agent spent 159 days with 4-H club work. This represented approximately 56 per cent of the total for the Home Demonstration program. However, when compared with the year 1951 when an Itinerant Home Demonstration Agent assisted the Home Demonstration Agent, a little more than half the time was spent on 4-H Home Economics Club work this current year. The figures are: 1951 - 291½ days      1952 - 159 days.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Club Work (con't)

For the past six years, Yuma County has had an Assistant County Agricultural Agent who has been organization leader in 4-H Work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Agent's time.

State workers who have visited the County for one or more days during the current year, in the interest of 4-H Home Economics club work are as follows:-

February

Miss Helen Church, State Clothing Specialist

April

Miss Jean Stewart, State Leader, Home Demonstration Work

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

Miss Helen Church, State Clothing Specialist

Mrs. Elsie Morris, Extension Nutritionist

October

Mr. Kenneth McKee, State 4-H Club Leader

Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader

November

Miss Grace Ryan, State Home Management Specialist

Miss Helen Church, State Clothing Specialist

The events incident to the above visits were as follows:  
Assistant in preparation for the Junior Agricultural Fair;  
Judging at the Fair; Planning the County 4-H program;  
the 4-H leader training meetings.

On October 30th, Mr. Kenneth McKee, State 4-H Club Leader, and Mrs. Ellen Kightlinger, Assistant State 4-H Club Leader, met with Mr. Robert I. McCreight, Al Face and the Agent for a 4-H plan. The State 4-H policies were discussed as well as local and County problems and new goals were established for the new year. All this will be included in the combined annual report for 4-H Club work in Yuma County.

Miss Marie L Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

The first Fair took place on April 6, 1946 and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce. Since it was the first such Fair, attempted in the County, more the usual amount of organization work had to be done in preparation. An effort was made to simplify the activities so that better grading could be accomplished. Finally the girl's 4-H work was divided into two main divisions. (1) Exhibits, mainly clothing (2) demonstrations.

This was a one-day Fair and was culminated in the afternoon by a dress revue and announcement of awards. In 1947, the Fair day was April 12th. However, in order that more people might visit the Fair, it was thrown open to the public Friday evening April 11th as well as all day Saturday, April 12th.

The Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits were clothing work.

This second year saw a total of twenty-four demonstrations given in the Junior and Senior divisions. Judging contests were held in both clothing and foods.

Beginning in 1948, the Fair has been open to the public for two complete days. Dress Revues have been held in the evening and have been supplemented by a program from the various clubs.

Because of the availability of such food supplies as sugar and fat, in 1948, there were entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuits; Muffins; Gingerbread; Butter cake; Sponge cakes; Yeast Rolls. Entries were good both in amount and quality for the first year's showing.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis.

Gym bleachers were used, the steps covered with paper and used for shelves for food entries. These were placed on paper plates and covered with long strips of cellophane. The posters were thumb tacked to the side of the steps and green rosettes were used as a trim.

1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division in future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and, as in previous years, was held at Crane School. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. There were exhibited frozen foods also. Two up right home freezers were loaned by local firms. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

For the first time, a theme was selected and carried through for the dress revue in 1949. The theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as narrator. In 1949 there were thirty-three Home Economics demonstrations.



Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

In 1950, exhibits at the Fair showed a marked increase in the foods division. Exhibits conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. Frozen Foods exhibits showed the greatest increase in entries of any division.

The theme for the Dress Revue was Fashions in the Sun. A back drop with cathedral windows through which special lighting effects were arranged was used. The Revue itself was well done and showed an improvement in form over previous years. Between scene entertainment consisted of the following: A Spanish Dance by the Gadsden Go-Getters girls; a Tumbling Act by the Somerton Girls; Two solos (4-H Songs) by Myrna Ellis of the Little Women Club.

The year 1951 earned an advance in community leadership in preparation for the Fair. There were two pre-County Fairs as follows: (1) The Wellton Kiwanis Club sponsored a pre-County Fair for the communities of Roll and Wellton. (2) Gadsden had a pre-county fair at the Gadsden Grammar School.

Organization of the Fair was planned through the County 4-H Leaders' Association and the County 4-H Council. This included such details as: Catalogue, entry forms, superintendent sheets; rules concerning exhibits and exhibitors; appointment of superintendents and assistant superintendents; committees for Dress Revue.

Special mention should be made of the catalogue which in 1951 for the first time, was full paper size and exhibited an improved organization and style over previous years.

Dates for the Fair in 1951 were April 13 and 14. However, since all clothing entries for the Fair had to be in by Wednesday at 5:00 p. m. and since setting up of booths, decorations, etc., had to be done prior to that, it really meant that the Fair for Home Economics workers extended from April 10 to 14.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Again in 1951, the overall decoration of booths was done by Home Demonstration Clubs. Three Home Demonstration clubs, as such, were active in setting up the physical plantssuch as repairing and building dress standards, making the letters which spelled out the names of the clubs or communities, setting up the booths and doing the over all decorations. These clubs were: The Gadsden Home Demonstration Club, The Upper Valley Home Demonstration Club; the North and South Gila Home Demonstation Club.

In 1951, the Dress Revue was held out doors. A special stage was built by the school and a carpenter employed by the 4-H Council.

This current year, the Junior Agricultural Fair, in many ways showed an improvement over previous years. Planning meetings of special groups were very effective among which can be mentioned: 4-H County Council; 4-H Leader Council; Dress Revue Committee; Superintendents Committees.

The 4-H County Council this year financed the building of booth partitions. They were built of celotex with board frames and can be stored away as a permanent part of Fair equipment. These partitions were agreat help in setting up the school auditorium for the displays. The Dress Revue stage setting this year was the most elaborate and the most successful yet attempted. A meeting was called of the dress revue superintendents as follows: Mrs. Howard Salyer, Mrs. Dan Williams Mrs. Cecil Moore, Mrs. Mergle Bickers, Mrs. Harry Ellis, Myrna Ellis. At the meeting Myrna came forward with the suggestion that we made a huge flower out ~~to~~ the center of which the Dress Revue girls would come. This met with popular approval and after due consideration it was decided to build a jonquil. Pale yellow float paper was ordered from a company in Illinois, and it was decided to build the flower in the garage on the A. W. Franklin ranch. Mrs. Lorraine Franklin consented to act as designer. She drew up the plans and helped throughout. Since Mrs. Salyer was working at the Somerton Grammar School, the agent took her place in scheduling meetings, securing helpers and supplies, and in general supervsion. The finished product was very effective and the effort successful in every way.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D. - 4-H Clubs (con't)

At the dress revue, those chosen to represent Yuma County at the 4-H Roundup were:-

Party Dress	Myrna Ellis of the Little Women's Club
Best Dress	*Sandra Gaines of the Antelope Club
Tailored Outfit	Ladonna Euhus of the Hem and Ha!
School Outfit	Joan Koogler of the Hem and Ha!
Sports Costume	Corrine Moore of the Jolly Commuters

\*Since Sandra Gaines was a delegate to the 4-H Congress in Chicago in 1951, she was ineligible for competition, so Rosalie Robles, runner up in the best dress division was chosen to take her place. Rosalie was also named the top winner of the County Dress Revue.

For the first time this current year, a cash award of ten dollars was given to the overall Junior Dress Revue winner. It went to a girl from the Bouse 4-H Club in the northern part of the County.

Demonstrations

Of the twenty eight Junior and Senior Home Economics demonstrations given at the Fair, this current year, nineteen were Foods demonstrations. This was perhaps an evidence of the popularity of foods but perhaps contributing factors were that clothing demonstrations seem more intangible for leaders and girls to plan and girls have such a struggle finishing garments they are too occupied to be willing to work on a demonstration. Of the senior foods demonstration, six were dairy foods, This is the best contest in dairy foods we have had so far. As a matter of fact there would have been two more demonstrations but the teams were ineligible because they had previously won in dairy foods. One of these teams gave a food preparation demonstration and the other gave a food preservation demonstration.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Demonstrations selected for competition at the State Roundup were as follows:-

Senior Room Improvement Individual - - Joan Koogler  
Subject: Color in the Home  
Senior Clothing Team - - Charlotte Salyer and Betty Smith  
Subject: Making a Bound Buttonhole  
Senior Clothing Individual - - Rosalie Robles  
Subject: Pressing at Home  
Junior Clothing Team - - Cecelia Gonzales and Goldie Price  
Subject: Equipping a Sewing Box  
Senior Dairy Foods Team - - Corinne Moore and Mary Ann Euhus.  
Subject: A Dairy Foods Meat Substitute Dish  
Senior Dairy Foods Individual - - Ann Steenbergen  
Subject: Home Pasteurization of Milk.  
Senior Food Preservation Individual - - Claudia Yowell  
Subject: Preparing Pie Paste for the Deep Freeze.  
Senior Food Preparation Team - - Caroline Lott and Ann Thacker  
Subject: The Modern Emergency Shelf  
Senior Food Preparation Individual - - Marilyn Carlisle  
Subject: Making Food Attractive to Children

Judging

Both in 1951 and this current year, Home Economics judging was not included with the Fair program. The contest is now held after the Fair as a separate event. Reasons are as follows:

In previous years, it has been difficult to get pictures of the Dress Revue partly because the Revue has come at night and partly because girls have many ~~to~~ other interests during the Fair. Arrangements are now made and pictures are made immediately following the judging contest. These have been used in film strips of the Fairs which have been shown County-wide last Fall and this Fall.

At the judging contest this current year leaders helped. Seventy-two girls participated. The 4-H members were divided according to Junior and Senior age.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Judging (con't)

The following rings were judged:-

Clothing

1. Pattern, Fabric and Findings
2. Equipped Sewing Boxes
3. Cotton dresses
4. Aprons
5. Accessories

Foods

1. Custards
2. Muffins
3. Menus
4. Table Setting
5. Cakes

Winners in the judging contest were as follows:-

Senior Clothing

1. Rosalie Robles
2. Jill Cannon
3. Sandra Gaines

Junior Clothing

1. Barbara Culpepper
2. Judy McElhaney
3. Laura Lee Hardy

Senior Foods

1. Willis Ann Smith
2. Helen Faulkner
3. Charlotte Salyer

Junior Foods

1. Sharla Fletcher
2. Clarice Baker
3. Laura Lee Hardy

Since Junior team members were not twelve years old, they could not participate in the Roundup Judging Contests.

Sweepstakes

At the Fair, Sweepstakes were determined by the number of points earned by each 4-H member. Every blue and red ribbon represented a given number of points.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Sweepstakes

Home Economics winners in this individual contest were:

1. Ann Thacker
2. Charlotte Salyer
3. Patricia Lattie

Club sweepstakes were determined by the average number of points accumulated per club member in the club.

1. Bouse
2. Jolly Commuters
3. Hem and Ha!

Some statistical results from the fair are as follows:-

145 - exhibitors

366 - clothing exhibits

180 - 1st year

115 - 2nd year

102 - 3rd year

69 - advanced

285 - food exhibits

134 - 1st year

67 - 2nd year

51 - 3rd year

13 - 4th year

20 - advanced

61 - food preservation exhibits

12 - canning

49 - freezing

11 - Home management and room improvement exhibits

Roundup

Twenty-eight of Yuma County 4-H Clubs participated in the Thirty-fourth Annual 4-H Club Roundup at the University of Arizona. Three leaders' also attended the four-day session.



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup (con't)

Twenty-eight 4-H boys and girls attended the 34th Annual 4-H Roundup which competed in Home Economics contests. In addition Mrs. Howard Salyer, 4-H Leader from Somerton and vicinity assisted the Agent in supervision.

The Yuma County Chamber of Commerce, the Somerton Chamber of Commerce, the Antelope 4-H Club, the Jolly Commuters 4-H Club, the Mesa Busybodies and the Yuma County 4-H Council paid all expenses of sending these 4-H members and leaders to Roundup.

All members attending Roundup were selected on the basis of their competition at the Junior Fair contests. Yuma County Home Economic delegates who won Roundup trips to the Junior Fair were as follows:-

<u>Contest</u>	<u>Contestants</u>
Jr. Clothing Demonstration The Sewing Box	Cecilia Gonzales Goldie Price
Sr. Clothing Demonstration Making a Bound Buttonhole	Charlotte Salyer Betty Smith
Sr. Clothing Demonstration Pressing at Home	Rosalie Robles
Sr. Foods Demonstration The Modern Emergency Shelf	Caroline Lott Ann Thacker
Sr. Foods Demonstration Making Food Attractive to Children	Marilyn Carlisel
Sr. Food Preservation Demonstration Preparing Pie Curst for the Freezer	Claudia Yowell
Sr. Dairy Foods Demonstration A Meat Substitute Dish	Corrinne Moore Marianne Euhus



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(c) Project Activities and Resu

1. Organization (con't)

Sub Project D - 4-H Clubs (con't

Roundup (con't)

Contest

Contestants

Sr. Dairy Foods Demonstration  
Pasterization of Milk

Ann Steenbergen

Sr. Home Improvement  
Color in the Home

Joan Koogler

Dress Revue

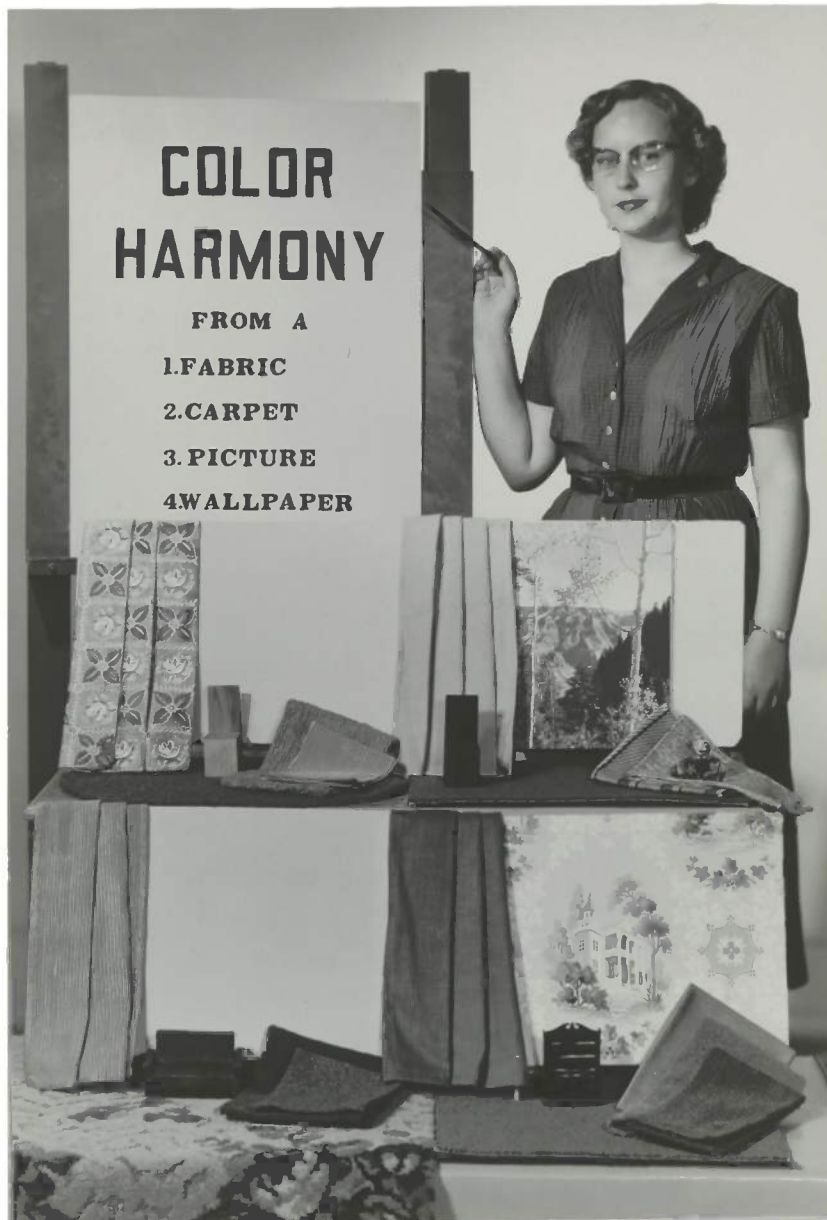
Rosalie Robles  
Ladonna Euhus  
Corinne Moore  
Joan Koogler  
Joan Wynn

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D. PROGRAM OF WORK (con't) 1952  
(c) Project Activities and Results (con't)  
1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Roundup (con't)

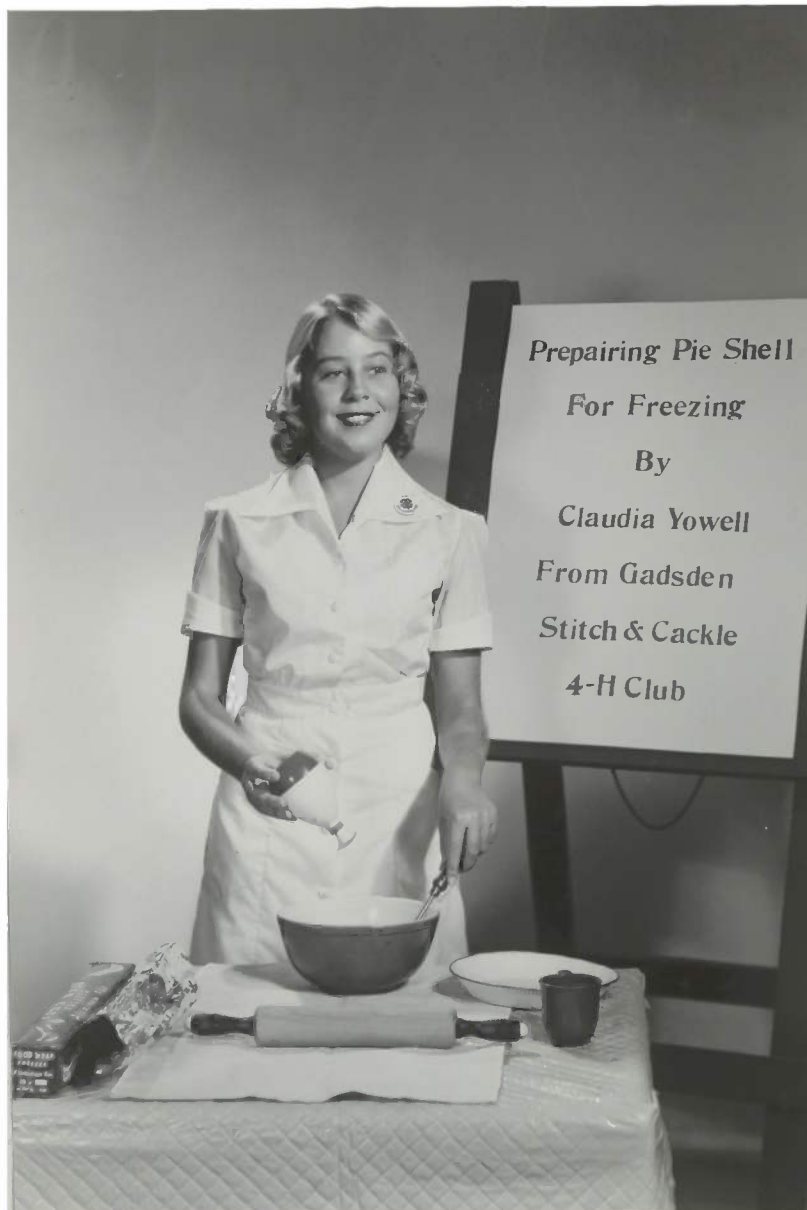


This demonstration "Color in the Home" by Joan Koogler was given a high score at the Roundup. She, by request, repeated it for all the 4-H demonstrators.

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D. PROGRAM OF WORK (con't)  
(c) Project Activities and Results

1. Organization (con't)  
Sub Project - D 4-H Clubs (con't)  
Roundup



This demonstration "Preparing a Pie Shell for Freezing" by Claudia Yowell won a blue ribbon at the Roundup. Claudia gave her demonstration at the State Fair.

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D. PROGRAM OF WORK (con't)  
(c) Project Activities and Results 1952  
1. Organization (con't)  
Sub project D - 4-H Clubs (con't)



Winning party dress costume (Myrna Ellis) and sports outfit (Corinne Moore) at the Yuma County Junior Agricultural Fair.



Runner up party dress costume (Joan Wynn) at the State Roundup Dress Revue at the University. (Joan was awarded the trip to the Roundup when Myrna was unable to attend.

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D. PROGRAM OF WORK

(c) Project Activities and Results

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Winning tailored outfit  
(Ladonna Euhus) and Best  
Dress Costume (Rosalie  
Robles). Both of these  
were blue ribbon winners  
at the State 4-H Roundup



Winning school outfit (Joan  
Koogler) and Best Dress Costume  
(Sandra Gaines). Sandra was over  
all winner at the Junior Agricul-  
tural Fair. She was ineligible  
for State competition because she  
was a delegate to the Congress  
in Chicago last year.



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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)



Winning Junior Dress Revue outfit (Margaret Wilson)  
of Bouse at the Yuma County Junior Agricultural Fair.

The thing of special interest was the 4-H Fashion Show on October 31st. This was one using the wardrobe furnished by the Simplicity Pattern Corporation. A committee of leaders and senior 4-H'ers worked very efficiently in preparation - publicity, decorations, props, costume pressing, etc. 4-H'ers modelled the garments very successfully. In every case their stage presence was good and the costumes fitted well and were becoming. Everyone was well pleased and the girls gained enthusiasm and good ideas for work. The news papers gave good publicity to the event.

Candidates for National 4-H Club Camp

For three years an outstanding girl and boy has been selected on the basis of all round 4-H club work for county awards presented by the E. F. Sanquinetti Co. amounting to a \$100 check to each. This girl and boy then automatically become Yuma County's candidates for the National 4-J Club Camp Contest.

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1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

This year a committee of three acted as judges. They were: Mrs. Esther Allen; Mr. Jones Osborne of the Yuma Daily Sun Mr. George Britt of the Farmers Marketing Association. Those selected for the award this year were Betty Bickers and Steve Duke. Steve Duke later went on to win in the State Contest and was a delegate to the National 4-H Club Camp in Washington, D. C.



## 4-H Girls Model Dresses During Fashion Showing

Twenty-one Yuma area girls modeled attractive, practical dresses during a Fashion Show held at the Masonic Temple last Friday afternoon.

Eighteen dresses were supplied by the Simplicity Pattern Co. and were modeled by 4-H girls. The three daughters of Mr. and Mrs. Phil Neese—Sandra, Drenda and Phyllis—modeled sister outfits made by their mother.

The dresses, designed for girls from 10 to 20 years of age, are practical school dresses, yet formal enough for Sunday wear.

A few of the outstanding dresses of the show were a black and white wool suit, worn by Mary Ellen Bobersky; a beautiful pink net over satin formal, worn by Sandra Gaines, and an attractive semi-formal dress, worn by Betty Bickers.

Mrs. Harry Ellis was narrator for the show.



**TOP COMBINATION**—Pretty Mary Ellen Bobersky models one of the beautiful two-piece suits shown at the 4-H Fashion Show held last Friday at the Masonic Temple in Yuma.

(Farmer Photo)

ifies the 4-H motto, "To Make the Best Bet" Fashion Show held last Friday, at the Masonic k part in the show. (Farmer Photo)

Publicity for the 4-H Fashion Show, October 31.



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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Health

Each year, the Yuma County 4-H boys and girls devote at least one 4-H Club meeting to discuss health activities and ways to improve their health. A county contest is conducted to select the Senior and Junior boy or girl~~x~~ that has done the most to improve their health and to help other 4-H members and friends in their community to become more health-minded.

As health award, one Junior receives a \$5.00 award and one Senior 4-H club member wins a free trip to the State 4-H Roundup in June and becomes the Yuma County representative in the State and National 4-H Health Improvement contest. This year, the Senior winner for Yuma County is: Claudia Yowell of the Gadsden Stitch and Cackle Club.

Rural Life Sunday

In observance of 4-H club Sunday, 4-H members were encouraged to attend the church of their own choice, attend church in a body with other club members or to take an active part in the service.

Reports were received from 10 clubs telling their method of observance. The most popular was attending the church of their own choice, though several members did take part in the service and others asked that Rural Life Sunday be mentioned in the program.

National 4-H Club Week

National 4-H Club week was observed in Yuma County through newspaper articles, a radio program and a window display in E. F. Sanguinetti's.

Recognition Banquet

The County Recognition Banquet was held Saturday, October 18th. As in previous years, it was held at Crane School with the food prepared by the Crane School Cafeteria Staff.



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project 'D - 4-H Clubs (con't)

Recognition Banquet (con't)

The 4-H Recognition Banquet on October 18th was one of the big events of the month. While the Agent was prevented from actually attending the banquet because of an injury to her ankle, she spent time working with committees on preparation. On October 1st, she met with the program committee at which time details of the program were formulated. On October 18 the decoration committee met at the Agent's house and the decorations were made. The banquet was attended by some 300 4-H'ers, leaders, parents and guests. The program was as follows: -

Master of Ceremonies. . . . .	.Steve Duke, President Yuma County 4-H Council
Invocation . . . . .	.Rev. O. W. Mieger
4-H Duet . . . . .	.Myrna Ellis, Corrine Moore
Certificates of Leadership. . . . .	.Albert R. Face
County Winners . . . . .	Mariel Hopkins Bob McCreight
State Winners. . . . .	.Howard R. Baker
Speaker. . . . .	Dean Phil S. Eckert
Installation of 4-H Leaders' Association Officers	
Installation of 4-H Council Officers	
Unison Singing . . . . .	.America the Beautiful
Special Award. . . . .	.A. H. Guitheus, Manager Yuma Sears Store

County Home Economics winners were announced as Follows:-

Clothing Achievement	Rosalie Robles
Room Improvement	Joan Koogler
Junior Leadership	Myrna Ellis
Girl's Record	Betty Bickers
Health Improvement	Claudia Yowell
Dairy Foods Team	Corrine Moore
	Maryanne Euhus
Dairy Foods Individual	Ann Steenbergen
Achievement	Sandra Gaines

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Recognition Banquet (con't)

Dress Revue

Ladonna Euhus  
Rosalie Robles  
Myrna Ellis  
Corinne Moore  
Joan Koogler

Mr. Howard Baker, Assistant State Director of Extension announced the Chicago Trip Winners for Home Economics projects as follows:-

Rosalie Robles  
Betty Bickers  
Myrna Ellis

Sante Fe Trip  
Sante Fe Trips  
Girl's Record

Corrine Moore also won the trip on her poultry Agricultural project.

The four trip winners left Yuma for the 4-H Congress in Chicago this morning of November 28.

Special Events

During the month of November of this current year, 4-H Leader meetings were held in Home Furnishings and in Clothing. On November 4 an all day meeting was held in the Home Demonstration Agents home with Miss Grace Ryan, Home Furnishings Specialist in charge. Ten leaders were present and the day was spent in studying the requirements for the first and additional years in Home Furnishings.

The week of November 10 was largely spent in covering the county in cooperation with Miss Church, Clothing specialist in the interest of 4-H Clothing Club Work. On the tenth and eleventh, the Specialist and Agent toured the Northern part of the county. Meetings were scheduled for all communities where there were 4-H Clubs. However because of the Armistice day vacation meetings materialized in only the following:

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(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

Quartzsite; Parker Valley; Parker Poston; Wenden. In addition successful home visits were made in Salome. All meetings were primarily leader meetings but were attended by parents and some 4-H'ers as well. On the twelfth, a combination leader and 4-H meeting was held in the Wellton Mohawk area and on the thirteenth, a leader meeting in Somerton. In every instance 4-H project requirements was the subject. Miss Church had along quite complete kits for illustration and it would seem that a lot was accomplished. There were two good points: The meetings came sufficiently early in the club year to influence club standards of work; more leaders were contacted and the entire county more nearly covered than in previous years.

February is the month for the Silver Spur Rodeo and, as usual this current year, there was an attractive 4-H float in the parade. While the actual work on the float was done by the Assistant County Agricultural Agent and a committee of leaders and 4-H'ers appointed by the County Council, yet the Home Demonstration Agent was able to help materially with plans both before and during the actual building of the float. The parade theme was "The Livestock Industry".

On October 30th, the County workers in the persons of Albert Face, Robert McCreight and the Home Demonstration Agent spent the day with Mr. McKee and Mrs. Ellen Kightlinger formulating a 4-H Club Calendar and working out details of the program.

Ted Siek, Assistant County Agricultural Agent, and the Yuma County Home Demonstration Agent were in charge of Yuma County's delegation at the State 4-H Camp. Fourteen Yuma County 4-H boys and ten girls attended. There were six cancellations the last week for various reasons - all of which were legitimate. The Mohawk Valley High School bus was borrowed for the trip and in addition a pick-up truck was used to transport baggage, etc.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Events (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

4-H Club Camp (con't)

The Home Demonstration Agent's program included:

- (1) Chairman for the Get-Acquainted party the evening of August 11.
- (2) Service on committee for outdoor games. Her particular duty was to take care of the volley ball.
- (3) In charge of the Sunrise service the morning of the 16th.

The Agent spent some time before leaving for Camp getting equipment, etc. assembled. At camp, all events came off in good style. Because there were not as many as expected at Camp, Soft Ball did not develop as a scheduled game. That meant that Mr. Richard Hoover from Maricopa County was free to assume leadership of Volley Ball. Then too, Mr. Kenneth McKee came to camp when he had not originally planned to do so. He was a great help, so that all in all, the duties of the Home Demonstration Agent for Volley Ball were light.

For the Sunrise service, Miss Lucinda Hughes secured the services of Rev. Parker of Prescott for the sermon. The Camp Chiefs', a special choir of 4-H'ers and the Agent worked as a committee in preparation. The plans were to have the services in the outdoor chapel, but rain intervened so that at the last the auditorium at Camp was used. It was a very nice service.

All in all, the Agent thought this the best 4-H Camp she had ever attended. To begin with, the choice of camp site was very good. Courts were available for games, the Extension staff was in charge of the food and the sanitary facilities were good. These things reflected in the 4-H'ers. They were cooperative, in good spirits and very busy all the while. One of our Yuma County 4-H girls, Caroline Kumley, was elected Camp Chief for the girls. We were very proud of Caroline and she did a very good job.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

Local 4-H Club Program

The local 4-H club programs include not only project work, but also recreation, health, safety and community activities as well. In the community clubs, the recreation is a part of most every meeting and usually one or two meetings are set aside during the year for a complete meeting on recreation. The health, safety, and community activities do not contribute to each meeting, but enter into different meetings throughout the year. Written club programs have not been used to any great extent in Yuma County this past year. Those clubs that have written an outline for thier program have found it exceedingly helpful. Those leaders attending Leader's Conference are the first to realize the importance of this visible planning. In the County Agent's Office, it is easy to detect the difference in the summaries of programs for a club that has planned and a club that has not planned. Differences show up for the most part in the activities and in the Fair participation.

State 4-H Leader Conference

This was held in Flagstaff at the State College. It was not originally planned that the Home Demonstration Agent should attend the conference. However, because of the resignation of Mr. Lonnie McGrew, Assistant County Agent in charge of Club work, a last minute adjustment was made. Yuma County had a delegation of leaders as follows:- Mrs. Mergle Bickers (leader) of the Crane area; Betty Bickers (Junior Leader); Harriet Bickers; Mr. Harry Bickers; Mrs. Nell Gaines (Leader) of the Mohawk Valley area; Sandra Gaines (Junior Leader); Mr. Clyde Gaines; Mrs. Bertha Mae Waddell (Leader) of the Mohawk Valley area; Mrs. Faye Barry (Leader) of the Yuma-Mesa area; Rosalie Robles (Junior Leader); and Bob Colford (Leader) of the Wellton area.



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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)

State 4-H Leader Conference (con't)

We registered for the Conference on arrival at the College Tuesday afternoon. The program began that evening with organized recreation under the leadership of Mr. Izola Parker. Wednesday, Thursday and Friday there were morning and afternoon sessions featuring talks and work shops. Mr. Ty Thompson from the National 4-H Club Committee was the out of state speaker. He gave a total of three addresses explaining 4-H Club work on the National, State, County and Community level. Work shops ran concurrently and each delegate signed for his or her preference. The delegation was pretty well divided between Junior and Senior leaders and both were represented at appropriate times on the program.

There is no doubt that the leaders received much help from the Conference. All our leaders entered into the spirit of the conference in great style and expressed themselves as having been helped for better leadership.

Council Meetings

The Agent has attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This is the third year that Yuma County has had a 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the County Office take the form of a card index which works for a permanent record of enrollments and completions. A 4-H news letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. While the Assistant County Agent assumes the initiative for these news letters, it is a joint publication of the Assistant County Agent and the Home Demonstration Agent.

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D. PROGRAM OF WORK (con't)  
(c) Project Activities and Results 1952  
1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)



Yuma County's Junior Agricultural Fair, April 1952 - The Gadsden Community Booth showing two leaders and some of the 4-H members wearing their project garments.



Yuma County's Junior Agricultural Fair, 1952 - The North Gila Community Booth showing one leader and first year Clothing girls.

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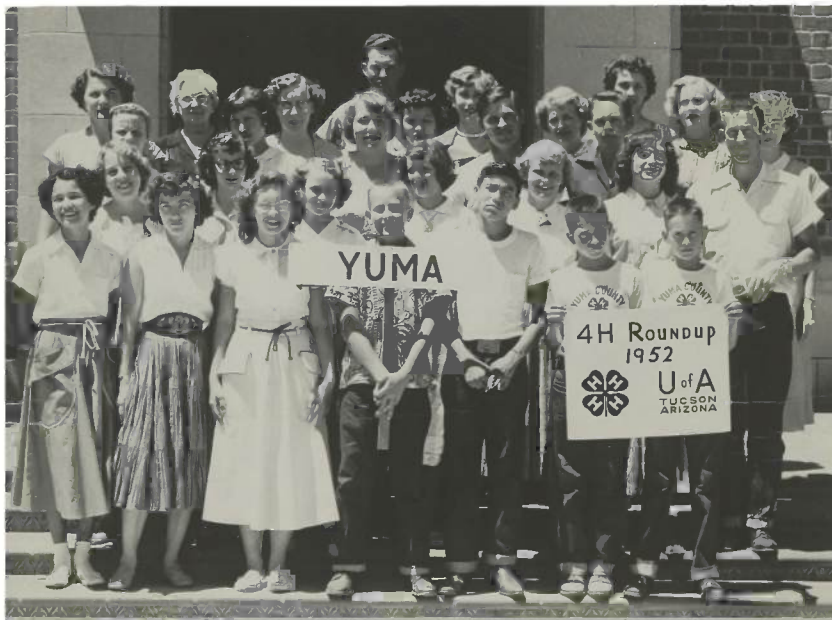
D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project D - 4-H Clubs (con't)

Special Events (con't)



Yuma County's delegation to the State 4-H Roundup - June 3 to 7, 1952.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

1. Organization (con't)

Sub Project E - Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report. Weekly reports have been practically impossible because of congestion in stenographic services or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII - Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance came from what communities have learned to be important sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

More than a decade and a half ago, Yuma County through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau in prenatal, Infant and pre-school child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year, there have continued to be requests for this bulletin.

The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting results. There has been interest in the school lunch program.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIII Nutrition (con't)

There has been an increase in quality of lunches served and in percentage of children served. The problem has been simplified by the closing, within the last seven years of three rural schools, the children being sent to either Crane School or to the Yuma Grammar School. These schools have been: Sunnyside, North Gila School, and Rood. Up until two years ago, this arrangement has been looked upon as more or less a temporary affair but now it has become permanent for all three districts involved. As far as the hot school-lunch program is concerned, this is definitely a good thing.

In the fall of 1945, a hot school lunch was instituted at the Roll, Mohawk School with their president of the Home Demonstration Club acting as Cafeteria Manager. This lunch is at present functioning under the same management. Not only is it doing a splendid service with the daily school lunches but serves for many school and community functions. The entire community is appreciative of the service.

In the Fall of 1947, a school lunch room was opened at Wellton. The Wellton Home Demonstration Club initiated the movement, and a Home Demonstration Club member was selected as manager. A building was erected on the School grounds for the purpose and nicely equipped. Since then, more equipment including a dish washing machine and a "walk-in" refrigerator have been added. The lunch room is operating at present and is a real credit to both the school and community.

The Fall of 1948 saw quite a re-organization of grammar schools in Yuma proper. The new school buildings were put in operation and the school lunch or cafeteria was moved from the basement of the Fourth Avenue Grammar School to a building all its own. Modern equipment was installed in the building and the management of the cafeteria placed in the hands of a trained dietitian entirely separate from school authority supervision. The cafeteria has taken its place not only to serve a large number of school children but it is used for many evening civic club dinners as well. While obviously, Home Demonstration Work has had no direct part, it has indirectly helped build public opinion to bring about this needed change.



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(c) Project Activities and Results (con't)

XIII Nutrition (con't)

At the Somerton Grammar School, the lunch room has long been an example of a well run institution. The principal, manager, and 4-H Leaders work together to maintain standards for good nutrition. Approximately four hundred children are served each day.

Sub Project A - Food Production

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with possible exception of two months in the extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh fruits and vegetables and at a cost less than that of production on a small scale. In short, the growing of home vegetables and fruits is not generally practical in Yuma County. There are, of course, certain exceptions.

Always, the Home Demonstration program in Yuma County, in all phases of Food production, has been subsidiary to that of the County Agricultural Agent. The home demonstration agent has included timely information on poultry and egg production as well as home gardens in radio broadcasts which she has given. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

Sub Project B - Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This because food material grows in Yuma County the year round.

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(c) Project Activities and Results (con't)

XIII Nutrition (con't)

Sub Project B - Food Preservation (con't)

However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California orchards, many homemakers go to California for the purpose of canning and drying the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable, yet, without exception, homemakers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing.

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In years past, some work has been done by the Agent in testing the accuracy of pressure gauges. However, Yuma County's dry climate, together with sea level altitudes, tend to keep gauges accurate and to minimize the importance of such testing.

The last five years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty per cent of the rentals going to rural people. This plant is at present operating at peak capacity. In addition, the last five years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

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(c) Project Activities and Results (con't)

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XIII Nutrition (con't)

From 1945 to the present time, the Agent has attended a total of five work shops on Food Preservation given at the University of Arizona under the auspices of the State Extension Staff. Each of these has served as a refresher course and results have been given back to all organized groups in the County. The last of these was held May 24th and 25th, 1950 and was very helpful for the program of work in Yuma County.

This current year not a week has passed without requests for information on packaging for freezing. These have, of course, all been answered. During September two Home Demonstration clubs featured demonstrations and movies on preparing foods for the freezer.

One thing should be mentioned here and that is the influence 4-H Club work has had in spreading up to date information on packaging for freezing. Some of the girls have worked up excellent demonstrations and in the process of so doing have become very well informed, along with their leaders, on the subject. It has created an authoritative source of information in at least three county areas.

Sub Project C - Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club Work

Project Work With Adults

In November of 1947, a project local leader meeting was held on Poultry. Representatives from all organized groups were present and their work was given back in all communities. Two results are still in evidence from these meetings: There is wide spread use of the bulletin entitled "For That Holiday Dinner".

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Sub Project C - Food Selection and Preparation

Project Work With Adults (con't)

This bulletin was compiled by the Extension Nutritionist and describes the method of preparing and roasting a fowl as taught at the meeting. This bulletin has been supplemented by "Turkey on the Table the Year Round", a U. S. D. A. publication; There are calls for the recipe "Horn of Plenty" pie. This pie is particularly good for Yuma County because it used dates and pecans, locally grown products.

Another leader meeting on Food preparation which is still being used in all or in part in the County is one on the subject "Grapefruit Desserts" - Leaders still report distributing the leaflet on the subject and the Agent has requests. This has proven an excellent demonstration for our County because it makes use of our abundant grapefruit crop and has pointed the way to new uses.

In 1949, the Extension Nutritionist, was in charge of a Leader meeting, "Favorite Mexican Dishes". It took the form of a buffet luncheon prepared, served, and its nutritional value developed in a round table discussion. The menu was as follows: Chiles Rellenos; Frijoles Refritos; Rospadas; Ensalad d Aguscata; Cocada; Coffee. While returns from this meeting have been fair, yet women have not been very enthusiastic because the dishes were elaborate and relatively expensive and because living near the Mexican border, the art of Mexican cooking is already highly developed in all communities.

In 1950 before Miss Reva Lincolyn, Extension Nutritionist, resigned her position, she conducted two leader meetings in the County as follows: "Meals that Can Wait", "Salads from Locally Grown Products". These demonstrations have been repeated in part and in whole by Leaders and by the Agent during the current year. In the former, a "Master Mix", "Roux", etc, are used in the preparation of an oven meal, a broiler meal, as well as top stove dishes. The latter consisted of just what the title implied, the making of luncheon and dinner salads. Suggestions given in the demonstrations have been widely used in all communities.

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Project Work With Adults (con't)

Early in November of 1951, Mrs. Elsie Morris, Extension Nutritionist responded to a long expressed request of the County Home Maker Council. She conducted a leader meeting on "Food for Entertaining". Twenty-three leaders from eleven communities assembled in the business and professional women's club house for the day's work beginning at ten thirty in the morning. The morning was spent in discussion and a demonstration by one of the leaders on level measurements after which the group divided for actual preparation of a noon day buffet meal designed for entertaining. Foods prepared were correct nutritionally as well as being very attractive. Powdered skimmed milk was used in abundance. Food prepared included; A center-piece of an egg plant, tooth picks stuck with carrot curls, baconettes (broiled bacon curls with peanut butter); olives and cream cheese pecan halves; Chile Rellenos; Broccoli and Cauliflower Salad on Romaine; pin-wheel biscuit; Cocoa with powdered milk topping; Ambrosia; Scotch Toffee.

Between November 1951 and March 1952, in all eleven communities represented at the leader meeting, the subject matter and in five instances demonstrations ~~were of~~ <sup>were</sup> results given at local meetings. While the reports of results are not complete, those obtained are as follows:-

Buffet meals served in homes

Club members-	71
Others	21

Club Meals planned and served buffet style 29

Using dry skim milk<sup>t</sup> as a supplement to whole milk 143

In March of the current year, a County Leader meeting on "Good Breakfasts" was held with Mrs. Elsie Morris, Extension Nutritionist, instructor.



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Sub Project C - Food Selection and Preparation (con't)

Project Work With Adults (con't)

The place of meeting was the Business and Professional Women's Club House. Hours for the meeting were ten-thirty in the morning until three in the afternoon. Laboratory phase of the meeting was the preparation of foods which the class members served as a noon brunch. Foods prepared were as follows: Fresh Fruit Centerpiece; Spoon Corn Bread; and Bacon. Dried non-fat milk was made up and served ice cold for the beverage. Coffee was also served.

The discussion phase of the meeting centered around a general explanation of the nutritional needs for a good breakfast. Emphasis was placed upon the importance of milk in the diet. The discussion method was very well developed and the entire group participated freely. Clubs represented by leaders were as follows: Gadsden; North and South Gila; Somerton vicinity; Upper Valley; Yuma-Mesa; Wellton; Mohawk Valley and Wednesday Afternoon Club. A questionnaire had been previously prepared by Mrs. Morris inquiring into family food habits with special reference to breakfast and milk consumed. The questionnaires ~~are~~ <sup>to be</sup> used in the County and collected at a later date.

Between March and September of the current year, demonstrations and subject matter have been given in nine communities. Again, while reports of results are not complete, those obtained are as follows:-

Homemakers serving a better breakfast as a result of this project 124

Changed food habits 143

Number eating a good breakfast daily 212

Number drinking a glass of milk for breakfast daily 78

Homemakers buying more milk 175

Number eating citrus fruit for breakfast 220

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Sub Project C - Food Selection and Preparation (con't)

Request Work With Adults

For special interest meetings in the County during the current year, the following can be said:-

The past several years have seen a revival of requests for work meetings on "Christmas Sweets". These were popular during the pre-war days and for obvious reasons they had to be discontinued when sugar became scarce. During December of 1951 the Agent gave four request demonstrations to many clubs featuring the making of Christmas sweets. There were two work meetings on the subject - one was the Gadsden Home Demonstration Club. They met for an all day work meeting at the home of Mrs. Henry Frauenfelder. The Agent and Mrs. George Pickering were leaders for the day and many pounds of Christmas confections were made and divided among those present. By request a similar meeting was held for the girls of the Jolly Commuters 4-H Club at the home of their leader, Mrs. Hubert Thacker. At this latter, the Agent directed operations.

At the State Home Demonstration Conference in July, Mrs. Elsie Morris, Extension Nutritionist, spoke on the subject "Meeting Rural Needs in Foods and Nutrition". She said that emphasis on nutrition centers around protecting the family's health. Questions to determine needs were: Are you sure you know the most you can about keeping<sup>my</sup>?; What can we learn to protect ourselves from diseases passed from animals to man?; Is wieght control a homemakers problem?; Do you know the cause of infant deaths and how to prevent them?.

The Agent has since reviewed present day nutrition at four meetings, using the above as a dissussion outline.

At the Conference Mrs. Morris explained the trend toward dramatization of community problems at local group meetings as a means of developing correct procedures and solution. This has since been discussed at three meetings but all felt that more training or information would be necessary to really make the method successful.

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4-H Club Work

This current year there were more dairy foods demonstration in contest at the Junior Agricultural Fair than in any previous year and they all used "safe milk" as talking points. Subjects for the Senior Individual demonstrations were: Making Milk Attractive to Children; Making Cottage Cheese; Home Pasteurization of Milk. Subjects for Senior Team Demonstrations were: A Meat Substitute Dish (Cheese Soufflé); Dairy Foods Dessert (Cheese Cake); Dairy Foods One Dish Meal (Cheese and Vegetable Fondue). In each case the girls fitted what they made into a definite menu. In all these demonstrations they ~~made~~ represented the efforts of six communities. Those chosen to be given at the State Roundup were as follows:-

A Meat Substitute Dish	Marianne Euhus
	Corrine Moore
Home Pasteurization of Milk	Ann Steenbergen

All 4-H Food Demonstrations given at the Junior Agricultural Fair this year, showed careful preparation reflecting subject matter study in the communities represented by Leaders and Mothers as well as 4-H'ers. Some of the titles were: "Making Cocoa"; "Table Setting"; Freezing a Pie Shell"; Making Baking Powder Biscuits"; Making Muffins; "Making Butter Cake"; "Cooking Eggs"; French Fried Potatoes; "The Lunch Box"; and Cottage Cheese Salads.

Broadcasts

A discussion of Food Selection and Preparation Activities in Yuma County during the year 1952, should not be closed with out mentioning broadcasts. As before mentioned, until November of this current year, the Home Demonstration Agent has taken her turn with the County Agricultural Agents in filling a weekly fifteen minute broadcast time over KYUM. This current year she has given a total of fifteen such broadcasts for food selection and preparation. She is continuously having responses to these discussions. Thus, she knows that her audiences have a goodly number and that the suggestions given are being used by Yuma County Homemakers.

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Sub Project C - Food Selection and Preparation (con't)

Thus the Nutrition influence of the Home Demonstration program in Yuma County for improved practices is considerable. It is estimated that in round numbers, four hundred families have been assisted materially this year in improving diets and that an equal number have been helped with food preparation problems.

XLV Clothing

Since the beginning of Home Demonstration work in Yuma County, more than three decades ago, clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many Home Economics Clothing techniques. These women are scattered through out the County in all communities and act either formally or informally as adult and 4-H Leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past several years, left formal instructions to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on tailoring presented by the State Clothing Specialist during 1949, has greatly expanded the long time program. In addition there have, for three years past, been 4-H Leader meetings on Clothing Techniques. For these reasons it seems best to tell of the clothing program in its relationship to the teachings of other years.

Sub Project A - Selection

For the past ten years, as market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers", was presented at a Leader Meeting and in turn was given to all Home Demonstration Clubs. This was good basic information which is still used in all communities for identification and care of materials.

In 1947, new materials again appeared in the stores after the war shortage. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as

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Sub Project A - Selection (con't)

cotton; rayon; nylon; combination nylon and rayon; fire resistant fabrics; materials (wool, cotton, linen) specially treated for over-coming laundering and wearing short-comings. This work, together with the exhibit and a bulletin specially prepared by Miss Church was subsequently given back to all Home Demonstration Clubs and in addition to the Parker Women's Club, the Wednesday Afternoon Club, the Vi-Sa-Wen Club in Salome and to a group of women in Bouse.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round-table discussion of what could be done to modernize them. Subsequent to this meeting, the Agent assisted in meetings on "Style Trends" throughout the County.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the gaulmer measurements made according to government specifications.

In 1949, the Tailoring School conducted by Miss Church included work on selection of materials. To introduce the school, Miss Church was in the County one day in February for the Leader meeting. As usual the meeting was divided into a morning session and afternoon session. The morning session was spent in discussing fabrics suitable for tailoring. Basis for selection was the possibility of proper pressing as well as whether it was worsted, was sanforized, was of proper weight for suit or coat, etc.

During the 1951 and 1952 years, the Agent included in her broadcasts, timely information on clothing selection. She has also been called on to give counsel concerning selection of materials for 4-H as well as adult garment construction work.



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XIV Clothing (con't)

Sub Project A - Selection (con't)

In January of 1952 a kit on the new materials prepared by Miss Helen Church was sent to the Agent and was used by the Agent at all her meetings both 4-H and adult. On three occasions it was loaned to leaders for use at meetings which the Agent did not attend.

At the County Home Maker Council meeting in the Fall of 1950, a leader meeting was scheduled on ~~the~~ Wardrobe Planning. However, because of the crowded program of the Specialist, it has been necessary to postpone the meeting until November of this current year.

On November 13th, Leaders from seven communities met in the Business and Professional Women's Club House for an all day meeting on Wardrobe Planning. In preparation for the meeting the Agent mailed forms prepared by Miss Church on which leaders were to itemize clothing on hand. These they brought to the meeting and were used for the laboratory period in the afternoon.

Points emphasized were (1) Color - "Build your wardrobe around a color theme of one or two basic colors such as black, navy, green brown and gray". (2) Basic dress or suit. (3) Planning for balanced expenditures. (4) Accessories, shoes, etc. (5) Textile intelligence - buymanship, care, use.

A very carefully worked out kit for wardrobe planning was left by Miss Church in the County for follow up meetings. Results cannot, of course, be reported until there has been sufficient time for these meetings.

Sub Project B - Construction

Garment donstruction techniques have always been popular with Home Demonstration Club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a Leader meeting conducted by Miss Church. She wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught have proven very popular all years since to the present and have been used not only with adult groups but with 4-H Clubs as well.

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Sub Project B - Construction (con't)

The wrist pin cushion is much in use, partly because it is one of the first year 4-H Clothing requirements but also because of the above short cut meeting. The jiffy method of putting in zippers is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration Clubs on "Use of Sewing Machine Attachments". This took the form of an all day meeting with the Wellton Home Demonstration Club. Members brought their sewing machines and were actually instructed in the use of their own attachments. Subsequently, the Agent conducted similar meetings with all Home Demonstration Clubs. It has been estimated that more than two hundred homemakers have extended their use of sewing machine attachments because of these meetings. One woman enthusiastically remarked, "It is the best meeting I ever attended. I just didn't know how wonderful sewing machine attachments can be".

During 1948 and 1949, repeat demonstrations were given all communities by leaders. The agent has had many opportunities to use the information with individuals and groups in all subsequent years.

In 1949, a Tailoring School was held, has had wide use in the County. Its teachings have largely dominated the clothing program this current year. For this reason it seems well to describe it again in some detail.

As already told, the foundation for the school was laid with a Leader meeting on selection in February, 1949. In July the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. As a result there were forty enrollments expressing fairly evenly distributed preferences for coats and suits.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines

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Sub Project B - Construction (con't)

were very carefully watched. If the materials were not marked "sanforized" it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting each class member made up a kit of these bulletins together with mimeograph sheets on "Stay Lines" compiled by Miss Church.

U.S. Dept. of Agric. Farmer's Bulletin No. 1894 "Coat Making at Home"  
U. S. Dept. of Agric. Misc. Pub. 591 "How to Tailor a Woman's Suit"  
U. S. Dept. of Agric. Farmer's Bulletin No. 1968 "Pattern Alteration"  
U. S. Dept. of Agric. Farmer's Bulletin No. 1964 "Fitting Dresses"

In November it was necessary for Miss Church to come one day in addition to the regularly scheduled series in order to complete all instructions. In addition, the Agent spent four days in special work with neighborhood groups. Because of the tailoring School, thirty-six leaders, adults, and 4-H'ers have reached a higher level of accomplishment than ever before.

They have proven very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

The culmination of the Tailoring School came in January of 1950 in the form of a Dress Revue tea with Miss Church as guest of honor.

In May and June of 1950, there were Leader meetings on pattern alterations. The series began with a comprehensive discussion of choice of patterns followed by a demonstration on "How to Measure" using one of the leaders as a model. Afterwards, leaders worked in groups of two with the results that each had her own card with her accurate measurements tabulated. Farmer's Bulletin No. 1968 "Pattern Alteration" was given each group. At the second meeting, after an illustrated talk on the techniques of pattern alteration, leaders each altered a pattern for herself. This work was subsequently successfully given back to all organized groups.

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A total of 199 members altered patterns at meetings. For the follow-up meetings a kit was left in the County by Miss Church and was used by all groups.

During 1951, pattern alteration work was carried on by leaders.

In January of 1951, Mrs. Mary Robertson, Acting State Clothing Specialist was in Yuma County for a series of three Leader meetings. Two of these were for 4-H leaders. The third was a meeting for Home Demonstration Club Leaders. It was held at the Business and Professional Women's Club House in Yuma. The subject was "New Techniques in Sewing" featuring placket finishes, cordings, collar and pocket finishes, belts, etc. Twenty-four home makers were present, sixteen of whom were leaders representing eight clubs. The Techniques taught have since been given back to all organized groups.

During February and March of the current year, Better Dressmaking schools were held with Miss Helen Church in charge. Both 4-H leaders and adult club leaders signed up. At this first meeting, Miss Church showed slides illustrating style trends and steps to follow in beginning a better dress. Then followed a demonstration on measurements and on pattern alteration. Women worked in groups of two taking their measurements and recording them on cards provided for the purpose. Miss Church passed out directions for home work to be done before the meeting early in March. These were included in folders containing bulletins on Pattern Alteration, Stay Stitching and Making Bound Button-holes. The meeting went very smoothly and much interest was evidenced.

In March, forty-six women finished dresses as a result of the schools and there was much enthusiasm over the success of the finished products. The dresses were outstanding in design, workmanship and becomingness. Fitting problems had been expertly handled.

Two style shows were planned as an aftermath of the schools. One was held at the regular meeting of the North and South Gila Home Demonstration Club on March 22nd. Leaders modelled their dresses and gave an explanation of construction processes.

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(c) Project Activities and Results (con't)

XIV Clothing (con't)

Sub Project B - Construction (con't)

The second style show was planned as an afternoon tea to be given by the Gadsden Home Demonstration Club on March 26th. However, plans went awry because the proposed hostess was called out of town and no other home in the community would meet the requirements for a Tea and a Revue. It was necessary to send out notices calling off the affair and because of the proximity of the 4-H Fair, it was thought best to permanently cancel it.

County results for the Better Dressmaking Schools have been compiled as follows:-

Method or methods used	
Showed by doing	12 leaders
Showed by completed article or illustrations only	12 leaders
Had work meetings	16 leaders
Only discussion	8 leaders
Number of women assisted in making better dresses	
Club members	120
Others	54
Information on	
Making a belt	147
Settin in sleeves	91
Fitting	165
Pattern alteration	96
Stay stitching	191
Bound buttonholes	83
Number of dress made after meetings	186

For the past two years, because of a crowded program, clothing meetings in preparation for Christmas have had to be curtailed. Each year, however, there have been a number of such meetings with leaders in charge. For these the Agent furnished illustrative material, etc, as follows: Patterns for stuffed toys; apron patterns; stencil patterns. In addition this current year, at each Home Demonstration Club meeting in December, roll call was responded to with a Christmas gift suggestion which was in most cases illustrated.

During the current year, the Agent has responded to special requests for meetings such as the following:-



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Sub Project B - Construction (con't)

In January, the Somerton vicinity club, requested a meeting at which they could bring garments ~~and~~ which they were working on for suggestions and discussion. This was a very interesting meeting and a good many techniques were brought out for discussion. The Agent distributed bulletins on stay stitching and on bound buttonholes.

In February, the Agent responded to an invitation from the Women's Club in Parker for a clothing meeting. She discussed new fabrics and style trends and then explained the steps in making a dress at home. There was a lively question period and much interest in the subject.

In February and March, special meetings on clothing construction were requested by women with small children in the Wellton area. These meetings were held.

In March a special request meeting similar to the Parker meeting was held for the Vi-Sa-Wen Club in Salome.

In May there was a special request work meeting on Dressmaking techniques for women on the Yuma-Mesa.

In July, Homemaker Club members requested a vacation project on making corsages from old nylon stockings. The Agent assisted with the meetings and secured a few local people with particular aptitude for such work to act as leaders.

In August, the Agent gave publicity, both at meetings and on radio and articles, to the work dresses resulting from the Oregon research.

Sub Project C - Clothing Economics

While there has been no time for formal meetings in clothing economics during the current year, previous years work has had its influence. For several years clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning".

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XLV Clothing (con't)

Sub Project C - Clothing Economics (con't)

Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration Clubs. Since then there have been numerous reports of sewing cabinets having been made.

Sub Project D - 4-H Clothing

For seven years now, the Junior Agricultural Fair has considerably altered the activities of the Home Demonstration program with 4-H Clothing Club work. There has been active step-up in project work and special preparations have continued from January until time for the Fair.

The work has centered around work with Leaders and Club members on completing projects, on preparing demonstrations, on judging instructions, on plans for exhibits of entries and for the Dress Revue.

The 4-H Leader Clothing meetings, the past three years have helped to make the clothing work follow the directions given in the 4-H bulletins. The clothing exhibits at the Junior Agricultural Fair the past two years have been an improvement over previous years. The mechanics for handling clothing exhibits have also been better than in previous years. All exhibits were required in by Wednesday at 5 p. m. which was one day sooner and allowed more time for judging and for assembling exhibits.

The Dress Revue this year was quite special. There was much effort put on the stage setting. A huge yellow jonquil was made on a frame and the girls in the Revue stepped from the middle of the flower. Last year a special stage was built outside and the Revue was held out of doors. This year it was held in the school auditorium. The Revue was divided into project years; First year girls exhibited aprons and mit pot holders, second year girls - simple sleeveless wash dresses, etc., Senior girls were grouped together and from them a winner in each of five divisions was selected as follows:-

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XLV Clothing (con't)

Sub Project D - 4-H Clothing (con't)

Party Dress Costume	Myrna Ellis
Runner Up	Joan Wynn
Tailored Outfit	Ladonna Euhus
Best Dress Outfit	Sandra Gaines
Runner up	Rosalie Robles
School Outfit	Joan Koogler
Sports Outfit	Corinne Moore

The girls who finally represented Yuma County were: Joan Wynn (Myrna Ellis could not attend because of conflict in dates); Ladonna Euhus; Rosalie Robles (Sandra Gaines was ineligible because she had previously won a state contest in another project); Joan Koogler; Corinne Moore. There were many costumes in both the Junior and Senior division any one of which Yuma County would have been proud to send to the Round-up dress revue.

Demonstrations in clothing which won for Roundup presentation were:-

Making a Bound Buttonhole	Charlotte Salyer Betty Smith
Equipping a Sewing Box	Cecilia Gonzales Goldie Price
Making Bias Tape	Maybelle Mason
Home Pressing Essentials	Rosalie Robles

Of the above contestants, two have won trips to the 4-H Club Congress in Chicago as follows:-

Rosalie Robles is a Home Economics Santa Fe Trip winner. Rosalie's 4-H work has been largely in the field of clothing. In the 1951 Roundup Rosalie was a blue ribbon winner with her tailored suit made from her father's navy uniform. This year at the 1952 Roundup she was runner-up for winner in her gray gabardine best dress costume

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XIV Clothing (con't)

Sub Project D - 4-H Clothing (con't)

with white accessories. Rosalie has also been active as a Junior Leader for a Yuma-Mesa Club.

Myrna Ellis won her trip as Girl's Record winner. Myrna has also excelled at dress revues for several years. She has also been outstanding in Junior Leadership and successfully coached three members of her club to win in state contests before she has gone on to win herself this year.

This year for the first time, senior 4-H girls from Yuma County have been active in the "Make It With Wool" contest sponsored by the National Wool Growers Association. One senior age girl in the person of Myrna Ellis and one Junior age girl in the person of Sandra Gaines represented Yuma County in the Dress Revue contest held at the State Fair, Saturday, November 15. Both girls made a fine showing but it was Myrna who was the finalist. She was runner-up for first place and is to receive a Singer Sewing machine. She made a suit and a coat. The suit a light brown flannel with a lined jacket and the top coat of a matching light brown and gold nubby weave material lined with gold colored crepe. Her accessories were well chosen in gold color and luggage tan.

As this report is being written clothing clubs have been organized for the year 1952-53. Leaders are functioning in an excellent way. However, because of other activities for members and because of the difficulty of getting together for meetings, leadership is difficult. The Agent feels that every effort must be made to help these leaders. The State Leaders Conference and County Leaders Schools are fine. However, the Agent regrets she is not two people so that she could be of more help. There is no Itinerant Home Demonstration Agent at large in Yuma County this Fall.

Statistically speaking, the approximate number of families assisted this current year with buying of clothing is two hundred and seventy-five. The approximate number of families assisted this year with:-

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(c) Project Activities and Results (con't)

XIV Clothing (con't)

Sub Project D - 4-H Clothing (con't)

- (1) Clothing construction problems is four hundred.
- (2) Selection of clothing and textiles is one hundred and fifty.
- (3) Care, renovation, remodeling of clothing is one hundred.

XV Home Management

Sub Project A - Selection

Since a Home Management Specialist was added to the Staff five years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing work in the County.

In 1947 a meeting on "Kitchen Storage" was held with nine communities represented by their leaders.

The Specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

Miss Ryan, left her illustrative materials for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprints of the Country Gentleman, May, 1946, articles entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration Clubs.

In 1948, the second leader meeting was held on "Kitchen Storage" with Miss Ryan in charge.



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(c) Project Activities and Results (con't)

XV Home Management (con't)

Sub Project A - Selection (con't)

Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment, the work centered around floor plans and the arrangement of large equipment. This work has subsequently been presented to all Home Demonstration Clubs.

For the past four years, "Cut-Outs" books have been given out by special request to rural home makers who have been prospective builders. There have been twenty-nine of these. All have reported finding the cut-outs very helpful. In the past two years the Agent has visited homes in nine communities where ideas from the kitchen storage meetings have been used. These have varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer. There has been much accomplished in modernizing kitchens throughout the county for which the Extension program either directly or indirectly take credit.

In 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the County Life Conference at the University. This Miss Ryan used for an illustrated discussion on the subject at the meeting.

There has since been published by the State Extension Service an Extension Folder 59 entitled "The Expanding Farm House". Copies of this folder are kept on the bulletin board in the Home Demonstration Agent's office. While to the Agent's knowledge no houses have been erected using the plan as a whole, still many of the ideas have been used. Particularly is this true of the storage plans.

Not a month passes but that some request comes to the Agent's office which has to do with planning a farm home and information as well as bulletins are dispatched.

During the current year two very interesting request meetings by Home Demonstration Clubs were held on the subject "Planning a Farm Home". The Agent began in each case by reviewing the bulletin "An Easy Way of Planning a Farm Home". She included a review of circular 202 "Storage for Your Home". A very interesting discussion followed.

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(c) Project Activities and Results (con't)

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Sub Project A - Selection (con't)

During 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. The subject was chosen because of the preference expressed by several communities as a follow up of the County Council meeting in October. Follow up of this leader meeting was a part of 1949 year's program.

Since that time, the Agent has used the "Problem Windows" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949, eighteen in 1950, twenty in 1951 and nineteen this current year.

In September of 1950, Miss Ryan was in the County and an introductory meeting on the subject "Importance of correct Lighting in the Home" was held for County Leaders. Twenty-one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and its importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the Leaders at Club meetings.

During 1951, meetings on correct lighting in the home were held for two rural groups which were not present in the original groups.

Results of the above meetings are more readily measured in terms of better understanding of the importance of good lighting. It has, however, been established that approximately 200 homes have made changes.

This current year two kits, one on linoleums and one on cleaning rugs and upholstery have been in use in the county through the courtesy of Miss Ryan. These kits furnishing interesting background for meetings in all Home Demonstration Clubs. In the case of the linoleum kit, two clubs requested a second meeting and Leaders borrowed the kit for a more thorough study.

Reports for the cleaning kit show the following:-

Better use of tools

Club members	31
Others	12

Use of more suitable cleaning compounds

Club members	91
Others	36

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Sub Project A - Selection (con't)

Better care of articles

Club members	50
Others	27

In November of this current year, an all day leader meeting has been held covering two subjects as follows: Success Hints for Use of Electricity; Care of Equipment. Fourteen leaders were present representing ten communities. The former included a discussion of good buying guide posts and a demonstration of what it means to use electricity intelligently. Guide posts for buying electrical equipment were (1) Discussions based on family agreements (2) Shop the fields (3) Balance money, time energy expenditures against needs and wants (4) Will present winning system carry equipment safely and satisfactorily (5) Availability of repair service; (6) Dependability of manufacturer (7) Safety, etc.

In care of equipment, pots and pans were studied for materials used, for efficiency of parts such as: handles; side handles; bail handles; covers; general good features.

Two kits were left in the County for follow-up meetings. Results will be a part of the 1953 report.

Sub Project B - Construction

During 1950, Miss Ryan, Home Management Specialist was in charge of a Leader meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held in 1949. During 1950, subject matter from both leader meetings was given back to all organized clubs. Follow up of these meetings has continued through 1951 and 1952. Bulletins written by Miss Ryan entitled "Furniture Repair" and "The finish Counts" continue to be given out on request.

Following the initial leader meeting on Importance of Correct Lighting in the Home, two schools of two days duration each were held in 1951 for the purpose of showing the mechanics of lamb shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamb shades.

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Sub Project B - Construction (con't)

All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamb Shade Patterns" and "Making Simple Lamp Shades". These were used by the Agent and Leaders in work meetings in the various communities. To date, correct lighting and lamp shade schools have been conducted in all organized groups.

Home Demonstration Clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

For the past three years, the work on re-upholstery has been materially helped thru the use of the bulletin "Re-upholstering a Chair at Home". The bulletin originated at Oregon State College and reprinted by our own State Extension Service. This bulletin has been distributed to all communities of Yuma County and the Agent has had sixteen reports of its use.

In January of 1952, there were two all day work meetings with the Agent in charge. One was in a home when a group completed covering a platform rocker. The other was at the annex of the Presbyterian Church. The Ladies Auxiliary had been requesting instruction for some time on the covering of some hundred chairs with leatherette seats. These chairs had been purchased from the Army Air Base and were in excellent condition except that the boxing around the seats had given away. They were as a result unsightly and exposed cotton came off on peoples clothing. The Agent did some shopping for new materials and on January 31st with the aid of six sewing machines and eighteen women all the seat covers were made and sixty chairs were entirely finished. Needless to say everyone was delighted. A local firm had given a price of five dollars a chair for the work so the women figure they saved approximately four hundred dollars after all materials were paid for.

Subsequently four work meetings on upholstery on slip covers were, during the year, supervised by the Agent. In each case results were good.

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Sub Project B - Construction (con't)

This current year, members have been increasingly interested in the making of draperies. This had doubtless come about through the distribution of the bulletin "Tailor Your Draperies" by Miss Grace Ryan. The largest number of requests came in the month of September when on four different occasions, the Agent was called on for such instructions. In each case she conferred with the Homemakers in questions and supplied the bulletin. One work meeting on draperies was held the last part of November.

Sub Project C - Economics

The Economic phase of the Home Management program has been a part of all project work in the county. During 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the Subject of which was "Outwitting the Dollar". Miss Ryan left a kit for the use of leaders in presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

In 1951, a very important Home Management project was initiated by Miss Ryan. It was work in "Laundry Methods" and began with Leader meetings in February.

By special request one of these meetings was held in the Roll Wellton area and the other was held in the vicinity of Yuma in the Sounty Gila Valley.

In both cases, the meeting began with a wool blanket washing demonstration using the latest method developed for proper care of blankets. It was really a report by Miss Ryan of the research on washing woollens which has brought practical procedure changes. This proved of great interest to all the leaders present. It is interesting to note that the particular brand of water softener used in the dmonstration was not be found on our local markets. However, because of urgent requests it was stocked in one of our leading groceries and has had a large sale ever since.



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Sub Project C - Economics (con't)

In the afternoon, the functions of water softeners and detergents were further developed. The leaders tested for hardness samples of water which they had brought. There was an explanation of built and unbuilt soaps and synthetics with a classified list of different brands. The blanket washed in the morning was combed after drying with the results that the blankets looked like brand new ones.

This work on Laundry Methods has been particularly helpful for Yuma County where hard water is a big problem. The Agent and leaders have presented the work to all organized groups. Everyone has been enthusiastic about the value of the subject matter presented. To the Agent's knowledge, more than forty blankets were washed following the demonstration procedure in 1951. In the current year reports have been received of ninety-two blankets. There are others, of course, which have not been reported.

In addition, on every side, home demonstration club members are conditioning their wash water more intelligently.

At the State Conference in July, Miss Ryan talked on the subject "New Trails in the Field of Home Management". She explained the new approach to time and money spending, to the things a good home should provide, etc. To illustrate what had been done in some of the counties to show better selection and use of household tools were demonstrations by Agents and Specialists on "How Pots and Pans Behave", "Jiffy Jobs and Their Tools", and "Why Tools Tire Us". A review of this talk was given back to Yuma County clubs by the Agent and was used by leaders in making recommendations for a 1953 program.

4-H Club Work

While the number of projects in Home Management and Room Improvement has been relatively small this current year, some very nice results have come out of the work and exhibits at the Junior Agricultural Fair were an improvement over previous years.

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Sub Project C - Economics (con't)

When Miss Grace Ryan was in the County in 1951, she spent one day in consultation with all 4-H leaders who were leading in Home Management and Home Furnishings projects. The meeting took the form of a luncheon at the home of the Agent. Ten leaders were present. Miss Ryan had prepared some very good illustrative material and there was a very careful discussion of procedures for carrying on projects. The leaders took part freely and expressed themselves as having a much better understanding of what to do.

This leader meeting has borne good fruit soon.

Heading the list of accomplishments for 1951 is that of Sandra Gaines. She did a very successful job of re-decorating her own room including walls, floor and furnishings. Her color <sup>sense</sup> ~~sence~~ was unusually good and she worked with a small expenditure of money. She won the right to represent the County in the Home Improvement Contest. Her record was sent into the State Office where she won the state contest. She was a 1951 delegate to the 4-H Club Congress in Chicago.

Heading the list of accomplishments for the current year is that of Joan Koogler. She chose as her special work converting a porch into a combination bed room and study for herself. Her father and brother helped her with some of the heavy carpentry work but other than that she herself did a wonderful job of conversion. For each step she did careful and exact planning. Then as time for the Junior Agricultural Fair approached, she worked out a demonstration to tell what she had done and some of the things she had learned. The title of the demonstration is "Using Color in the Home". In the demonstration Joan builds from (1) Fabric or drapery Material (2) Carpet (3) a picture (4) Wall paper. Her illustrative material is unusually well selected and her presentation is outstanding. After the Junior Agricultural Fair, the Agent sought out a number of places for Joan to give the demonstration including the Zonta Club of Yuma and three different Home Demonstration Clubs. In every case the audience was very attentive and the subject matter was good enough to interest even experienced groups of women. At the Roundup, Joan was given a very high score and on invitation repeated her demonstration for a meeting of all the Home Economics demonstrators.

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Sub Project C - Economics (con't)

It is worthy of note that three years ago Joan was one of a team demonstrating clothes closet arrangement at the Fair and that ever since she has been gathering material and thinking of plans. Next year Joan plans working on the living room at her home as a Home Improvement project.

Statistacally speaking, the number of families improving methods of repairing, remodeling, or refinishing furniture or furnishings was, as nearly as could be determined one hundred and ten. Number of families improving laundry methods is approximately three hundred while families assisted in selection or use of electric lights is estimated at one hundred and fifty.

XVIII Community Activities

Sub Project A - Related Agency

For the past seven years, the first place on the list of helps from related agencies goes to the Yuma Senior Chamber of Commerce and to the Crane School. The Chamber of Commerce has furnished funds for all cash prizes at the Junior Agricultural Fair, until this crrent year for trips to the 4-H Roundup in Tucson. This year the major portion of the Roundpu trip expenses were borne by the 4-H Clubs of Somerton and Mohawk Valley raised through food sales and social functions. The Crane School has been host for seven years for the Junior Agricultural Fairs and for the Recognition Banquets. Not too much can be said for the splendid cooperating of the school principal, Mr. Warren Sirrine, as well as his grounds maintenance staff.

Sub Project B - Conferences

Conferences attended without the County have been as follows:-

Dec. 4-8	Annual Extension Conference, Tucson
June 3-7	State 4-H Roundup, Tucson
July 14-7	Annual Home Demonstration Conference, Tucson
Aug. 11-16	State 4-H Camp, Prescott
Aug. 26-30	State 4-H Leaders Conference, Flagstaff
Sept. 11-14	Yavapai County Fair, Prescott
Nov. 14-16	State Fair, Phoenix

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XVIII Community Activities (con't)

Sub Project B - Conferences (con't)

The 37th Annual Extension Conference was held December 4-8. Travel from Yuma to Tucson was accomplished on Monday, December the third. The evening of the third, there was a meeting of the Arizona Home Demonstration Association at the home of Madeline Barley. Officers were elected as follows: President, Virginia Twitty; Secretary and Treasurer, Lois Harrison. Virginia Twitty and Madeline Barley told of their trip to the National Association in Ft. Worth. There was also a farewell to Leta Logan who is leaving the Arizona Extension Service.

The Conference proper began with a general session at 8:30 a.m. on Tuesday, December fourth. In all there were four general sessions during the week. We were privileged to hear Dr. Harvill, President of the University and Dr. Eckert, Dean of the College of Agriculture. There were two excellent outside speakers in the persons of W. R. Mathews, Publisher - Arizona Daily Star and W. J. Ellison, District Manager - Standard Oil Company. Mr. Mathews gave a report of his recent trip to Europe which was very helpful in interpreting present day world affairs. Mr. Ellison gave an illustrated talk on Standard's Training program. It had many good suggestions for meeting the public.

Another address of general interest was that of Mr. Ewing, Professor of History at the University. This was the most scholarly talk given and while of general interest, had less direct application than the rest of the program. Very helpful talks were given by members of the State Extension Staff in the persons of Mr. Stubblefield, Extension Economist; Mr. McClelland, Information Specialist; Mr. Wormley, Assistant Information Specialist; Mr. McKee, State 4-H Club Leader; Mrs. Kightlinger, Assistant State 4-H Club Leader.

There were also four Home Demonstration Agent conferences when problems, plans and information of direct concern to the Home Demonstration program were very well developed.

The Saturday following return to the County, December 8, the Agent attended the Annual 4-H Achievement Banquet of the Wellton-Mohawk area. This was a very successful affair from start to finish. By request, the Agent presented the Home Economics 4-H'ers with their pins and certificates.



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(c) Project Activities and Results (con't)

XVIII Community Activities (con't)

Sub Project B - Conferences (con't)

The Home Demonstration Agent and the Assistant County Agricultural Agent chaperoned a Yuma County delegation to the 4-H Roundup. The delegation consisted of 28 4-H members, two leaders and two Agents. Eighteen girls competed in Demonstrations, Dress Revue and Judging. Details of these have already been told.

*Home Demonstration*  
The Annual Extension Conference was held this year at the University of Arizona in Tucson. The Conference was called to order, Monday, July fourteenth in Room 250 of the Student Union Building. The trend of the entire conference was that of determining a method of procedure for building a County program with the year 1953 as our specific goal. Miss Stewart, State Leader, started the discussion by speaking to the subject "This Job of Program Determination". She emphasized the importance of having the program stem from actual community problems rather than a program planned from the State Office. As suggestive of what could be done to get homemakers to express actual community problems, she had prepared a leaflet of questions which could be put in the hands of homemakers before coming to a County planning meeting. The questions supplemented with factual statements and divisional questions. Some of the over all questions are; What Am I working For?; How Can a Family Work Together to Reach Their Goals?; What Is My Place in My Community?; Am I a Wise Parent?; How are we Doing in Home Management and Furnishing?; Am I protecting My Family's Health?; Does my Family Make A Good Appearance?.

The State 4-H Camp ~~was~~ held near Prescott August 11-16 and the State 4-H Leaders Conference held at Arizona College, Flagstaff August 16-30 have been reviewed under D (c) 1 Sub Project D - Special Events.

Each Fall Home Demonstration Agents are asked to help out with judging Home Economics exhibits at the various County Fairs. This current year the Agent attended the Yavapai County Fair as a judge. She left September 11th and returned September 14th. At the Fair she judged all the Foods exhibits - baked goods, canned goods, jams, preserves, jellies, pickles, and frozen foods in the Home Economics division. All 4-H exhibits were judged by Mrs. Ellen Kightlinger. There were a goodly number of exhibits, especially in food preservation, and the organization was good. The Agent enjoyed the experience very much.



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(c) Project Activities and Results (con't)

XVlll Community Activities (con't)

Sub Project B - Conferences (con't)

The Home Demonstration Agent together with the Assistant County Agent in charge of 4-H Club Work chaperoned a group of 4-H club boys and girls on a trip to the State Fair, November 14-16. The purpose was to take part in events as follows:

Demonstrations; and Make It With Wool Contest. Details of these have already been told.

Conferences within the County can be divided into:-

- (1) Planning meetings within adult and 4-H Work organizations
- (2) Cooperative meetings with outside organizations.

In the former should be mentioned committee meetings for planning year books as well as individual meetings of Home Demonstration Clubs. These have taken place from time to time during the year as the need has arisen. Each month has seen from one to four such meetings. In 4-H Club work there have been meetings of the County Council and County Leaders Conference in preparation for county events. In illustration the following may be told:

January was featured by planning meetings for the Junior Agricultural Fair, held April 18 and 19. 4-H activities for the Silver Spur Rodeo, held February 16th, were decided upon. These consisted of a 4-H float, a Street Exhibit and street entertainment. There were two 4-H County Council meetings and one 4-H County Leaders meeting.

On Saturday, September 20th and again October 4th planning meetings of the Yuma County 4-H Council and the 4-H Leaders Association were held. Plans were made for the Recognition Banquet including setting the date for October 18th. Other business including election of officers for the year was effected.

Among cooperative meetings with outside organizations may be mentioned. The Agent has been active in the Business and Professional Women's Club, Zonta Club and Delta Kappa Gamma society. These have all furnished opportunity to work with women who help actively with the Home Demonstration program.

She is also constantly using such organizations as a means of spread of influence of extension teachings.

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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

AVIII Community Activities (con't)

Sub Project B - Conferences (con't)

The year <sup>1952</sup> has been established a Junior Agricultural Fair Board with Mr. George Britt of the Farmers Marketing Corporation as chairman. Two homemakers are members as follows: Mrs. Clyde Gaines and Mrs. Howard Salyer. The Home Demonstration Agent is an ex-officio member. The first meeting of the Fall was held Tuesday, September 2nd, and was attended by Board members, the Agricultural Agent and Home Demonstration Agent, the F. F. A. instructors and the F. H. A. instructor. A resume was made of last year's Fair and means of improvement discussed. The possibility of holding the Fair elsewhere than at Crane School was taken under advisement and a committee appointed to investigate.

History was made during October in terms of plans for a County Fair to include the Junior Agricultural Fair of previous years. Four meetings were held during October, two of them attended by the Agent, the express purpose of which was to decide whether community, merchants, and the Junior Fair group were interested in pooling their resources and efforts for putting on a County Fair. The meetings culminated in a community luncheon at the Country Club on October 31st. Two hundred representative citizens attended and it was unanimously decided to have a County Fair.

Sub Project C - Publicity

Publicity may be classified under three headings as follows: Newspaper, Radio broadcasts, circular and mimeographed letters.

1952 has seen a change in newspaper publicity. Until last January the Yuma Daily Sun, which is the local paper, gave regular publicity to 4-H Club work as well as to other activities of the Extension program. The Home Demonstration Agent shared with other staff members of the County Agricultural Agent's Office, a farm page appearing each week in the paper. The Agent also contributed to a weekly column which was sent by the County Agent's Office to the Somerton Star, a paper published each Wednesday and with wide circulation in Somerton, Gadsden and surrounding valleys. This year the Agent has had a column in the weekly Yuma County Farmer and has used it to publicize her work.

AUG 28 1952



## Mariel Hopkins Says

By the Home Demonstration Agent

A few days ago I had a long distance call from Miss Helen Church, our state clothing specialist. The reason for the call was that she had been called to Federal jury duty which necessitated her postponing her visit to Yuma County next week and, of course, our leader meetings on October 23rd and 24th. However, she will be coming the latter part of November when we will hold meetings on Wardrobe and on 4-H Clothing projects.

In the meantime, Miss Grace Ryan, home management specialist, will be here November 5th and 6th. On November 5th, there will be a leader meeting on Care of Equipment, place of meeting to be announced later. On November 6th, a meeting on 4-H Home Furnishing and Home Management projects at my home. Both these meetings will be full of important, timely and practical suggestions so please note — that is, if you're either a leader of a Home Economics 4-H Club or an adult club.

Have you been waiting anxiously for the weather to get down below a hundred during the days so you could successfully plant? I'm speaking of planting the wide variety of bright, showy annual flowers that add color and beauty to our homes during winter months. Our anxiety may have been expressed in these two quotations:

"Passing a home without flowers is like meeting a face without a smile."

"The simple, lovely things of

life are those which wealth can never buy — A friendly smile; the scent of flowers; The glorious sun; a star-lit sky".

Mr. Harvey Tate, extension horticulturist, has some practical suggestions which are very timely reminders.

"African daisies, calendulas, California Poppies, candytuft, scarlet flax, sweet peas and larkspur do especially well for winter gardeners.

Petunias are one of the most colorful winter flowers for bed or pot planting. Seeds planted now will not produce blooms until early spring but rooted transplants set out in the fall will bloom in early winter and continue well into next summer.

Stocks, with their wide range of colors, are excellent in winter flower beds. Rooted transplants will produce flowers for bouquets in January and February while blooms from seed planting can be expected in late February and on into spring.

Pansies are outstanding as early flowers. Transplants will produce a profusion of blooms and color in a matter of weeks.

Sweet alyssum, Virginia stock and verbenas are good low bedding plants and give a colorful effect when planted where daffodils, narcissus, tulips and other bulb flowers will come up through them. Verbenas can either be started from seed or from cuttings from a neighbor's plants.

By carefully selecting varieties and planting seed at intervals, Arizona gardeners can maintain bright combinations of color throughout the season.

To prepare the soil for winter flower beds, spade in well rotted barnyard manure, irrigate heavily, let stand for a week and then turn the soil again. Two or four days before planting the seeds, water the soil deeply and then work the soil again at planting time."

By the way, I had business over at the Chamber of Commerce last Saturday and you know what. The secretary gave me some seed from last year's glorious bed of African daisies — the one in front of the Chamber of Commerce building. Seems the folks over there were enterprising enough to save the seed and there must have been a lot. Why don't you try? Maybe there's some left for you.

Samples of the Weekly  
column in the Yuma County  
Farmer.





*Sept. 25, 1952*

## Mariel Hopkins Says

By the Home Demonstration Agent

Announcement of special meetings for October seem necessary to avoid the difficulty of previous engagements. There are three County wide meetings I'd like to call your attention to as follows: October 3, Yuma County Homemakers Council meeting at Clymer's in Yuma; October 22, 23 and 24 visit of Miss Helen Church, State Extension Clothing Specialist featuring Leader meetings for adult clubs on Wardrobe Planning and for 4-H clubs on Clothing projects; October 31 beginning at 4:30 p.m. a Fashion Show for the 4-H club Modern Miss.

This Fashion Show will be presented by the Educational Division of the Simplicity Pattern Company, Inc. A committee of 4-H Leaders and 4-H girls was appointed at the Council meetings on Saturday, Sept. 20 to work out the details for the Show. At present it is important that you know about the date if you are a 4-H'er, a Mother or a Leader of a 4-H'er.

That is, you will have a chance to vote for your 4-H fashion favorite if you are in the audience at this fashion show, "Win with Fashion for the 4-H Club Modern Miss."

High on the list of popular candidates will be a fleece top coat and a collection of suits — one suit especially, made in grey flannel and styled with a boxy-type jacket and pleated skirt which has an alternate bolero jacket in red, black and grey tweed.

Seperates, always tops with 4-H

girls, will point up the middy look, tuck-in blouse and both slim and full skirts.

Among the basic styles will be a simple-to-sew pyramid dress in brown tweed with a talent for completely changing appearance with a set of colorful accessories.

Party wise, the audience will see how a velveteen jumper can become a date dress, minus the turtle neck blouse. For real glamour, plum velveteen will combine with pink taffeta and net in a gala-time formal.

In addition to silhouette trends, the audience will see a fine cross-section of new Fall and Winter fabrics.

At our County wide Homemakers Council meeting on October 3, we are really looking forward to a gala day. Letters and programs went out to club leaders early this week, but if for any reason you were not included and you want to get in on this important planning meeting, please let me know. I'll be only too glad to send you a card on which to make your reservation.

Miss Jean Stewart, State Leader of Home Demonstration Work and Mr. Al Face, Yuma County Agricultural Agent will be on hand to help us plan for a 1953 program using the services of the State Extension Specialists. Mrs. Clara Townsend, of the North Gila Valley, who is Council President, will be presiding officer. The meeting will begin with a luncheon at twelve o'clock noon.

Samples of the Weekly Column in  
the Yuma County Farmer.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1952

D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

XVIII Community Activities (con't)

Sub Project C - Publicity (con't)

As before told, until November of this year the Home Demonstration Agent from time to time has given a 15 minute broadcast over KYUM, Yuma. Most of these were given as her share of a regular weekly 15 minute broadcast series given under the auspices of the County Agricultural Agent's Office. Some of these dealt with Home Economics subject matter, while others publicized special events such as the Junior Agricultural Fair, State 4-H Roundup, 4-H Camp, 4-H Recognition Banquet, 4-H Exhibit at the State Fair, regular Home Demonstration Club meetings and special leader meetings.

In addition, the Agent has helped out with the weekly broadcast now being given over KYMA.

There have also been mimeographed newsletters sent to all the mailing list, and as before told, a 4-H newsletter published cooperatively by the Assistant County Agent and the Home Demonstration Agent.

Sub Project D - Achievement Days

Yuma County's first Country Life Achievement Day was held Sunday, June 11th, 1950, at the N. C. A. Club House at the Air Base on the Yuma-Mesa. It was under the auspices of the County Home Maker Council and was very successfully carried out. The number of adults attending was approximately one hundred and fifty. Programs distributed prior to the meeting were as follows:

Afternoon:

- 2:00 p.m. Get Acquainted  
Community Singing led by Yuma-Mesa Homesteaders Club
- 2:30 p.m. Introductory remarks by Miss Jean Stewart, State  
Home Demonstration Leader, University of Arizona
- 2:45 p.m. Illustrated talk - "Yuma County's Tailoring School"  
by Miss Helen Church, Extension Clothing Specialist,  
University of Arizona.
- 3:00 p.m. Movies of Yuma County's 5th Annual Junior Agricultural Fair
- 3:15 p.m. Intermission Refreshments by Gadsden Home Making Club



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D. PROGRAM OF WORK (con't)

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Sub Project D - Achievement Days (con't)

Afternoon (con't)

- 3:30 p.m. Conducted Tour - Yuma-Mesa Homes and Farms  
in charge of Yuma-Mesa Homesteaders Club.  
6:30 p.m. Pot Luck supper - arrangements by North and South  
Gila Homemakers Club. Coffee and iced tea by  
Upper Valley Homemakers Club (food brought by each  
family).

Evening:

- 6:45 p.m. Agriculture Today by Mr. Howard Baker, Assistant  
Director of the Agricultural Extension Service.  
7:00 p.m. Illustrated talk "Preface to a Life" by Dr. Edith  
Lord, Director Arizona State Department of Health  
Hygiene  
Special session - "Movies for the Children"  
7:45 p.m. Panel Discussion - "Pioneering in Yuma County"  
Moderator - Mrs. Anna Holling  
Panel Members - Mrs. Henry Frauenfelder  
Mrs. Clara Townsend  
Mrs. B. C. Cuming  
Mr. & Mrs. R. H. McElhaney  
Mr. Herman Reeves  
Mrs. R. H. Fram  
Mr. John Gardner

9:00 p.m. Lights out

This was a family day for Yuma County's rural people. A  
nursery room for the care of small children was provided.

This first County Life Day was so successful, there was  
concerted effort to have similar day during 1951. However,  
it ~~has been~~<sup>was</sup> very difficult to find a suitable day. In  
order that the entire family<sup>may</sup> attend, the day has been  
confined to a Sunday. The heat came ~~this year~~<sup>early</sup> while  
farmers were still very busy with harvesting. For this  
reason, it was decided to wait until ~~this~~ Fall for the day.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

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XVIII Community Activities (con't)

Sub Project D - Achievement Days (con't)

Since the meeting of the County Home Maker Council several dates were set beginning with October 29. Finally a date was arrived at. It is December 2nd. Programs were mailed and publicity given over the radio and in the paper as follows:

Afternoon: Tour of Wellton-Mohawk Division of the Gila Project

Starting point - Ligurta which is twenty-five miles east of Yuma on Highway 80.

Time - Beginning at 1:30 in the afternoon cars are to tour in groups of six. As soon as six cars arrive, they will start. Last group not to leave later than 3:30 p.m.

Sponsor - the Wellton Mohawk Kiwanis Club. Members are to accompany each group of cars as guides and narrators. The clubs will distribute leaflets explaining points of interest.

5:30 p.m. - Pot Luck supper at Mohawk School - arrangements are to be made by the Homemakers of the Wellton-Mohawk area. Coffee and soft drinks - sold by the 4<sup>th</sup> Club.

Evening: Program - 6:30 p.m. to 7:30 p.m.

Moderator - Mrs. E. P. Townsend, North Gila Valley, President, County Homemaker Council.

The History of the Project - R. H. McElhaney, President, Wellton-Mohawk Irrigation and Drainage District.

The Agricultural Future of the Project - Phil S. Eckert, Dean and Director of the College of Agriculture, University of Arizona.

The Homemakers Future of the Project - Jean Stewart, State Leader, Home Demonstration Work, University of Arizona.

7:45 p.m. Homeward Bound

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

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XVIII Community Activities (con't)

Sub Project D - Achievement Days (con't)

This current year, the Recognition Banquet was held at the Crane School Auditorium as usual. Approximately three hundred were in attendance including 4-H Club members, leaders, parents, and guests. Leadership certificates, County and State Awards were announced. A new departure for the past two years is that the individual 4-H Certificates were not given out at the banquet but have been given at special recognition events held in each community. The reason is that the program, in previous years has been too long and drawn out.

Subsequent community achievements have been held in all communities in the Southern part of the County. In all cases, these have been taken the form of community get-togethers participated in by parents, leaders, 4-H'ers and staff members. They have proven a successful means of measuring enthusiasm for the 4-H program.

Sub Project K - Recreation

During the past several years, 4-H Club Work has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dancing. Events leading up to this are briefly as follows:

For the first time in Yuma County, a 4-H Recreation School was held for the purpose of training leaders in recreation leadership. Dates for the school were December 12-14, 1949.

Miss Jane Farwell, nationally known recreation School Specialist from Wisconsin, directed the school. Place of meeting was the Crane School. While only sixteen leaders were actually enrolled there were a total of thirty-eight leaders and Junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contest and team games, small group games, school room games to various musical games were taught. Everyone felt that the time was well spent and would be very helpful in directing 4-H recreation in the County. However, every one realized that more extensive training was highly desirable. Miss Farwell was an enthusiastic, competent teacher. We liked her presentation and herself very much.

Miss Mariel Hopkins  
Home Demonstratio n Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (con't)

(c) Project Activities and Results (con't)

Sub Project K - Recreation (con't)

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities. Communities which could not be represented at the school were contacted by the Assistant County Agent and the Home Demonstration Agent and training meetings held. Particularly have the Junior Leaders who attended the school carried on in directing subsequent recreation meetings.

Both in 1951 and 1952 at the 4-H Leader conference in Flagstaff recreation has been stressed. In 1951, Mrs. Mary Joslin was Recreation Leader and she did an excellent as well as thorough job in teaching reereation leadership. In 1952 Mrs. Izola Parker did a similar thing and did it well. Yuma County leaders have greatly benefited.

One can not be a home demonstration agent in one County for seventeen years without making many contacts that serve to stimulate Community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention but which have together been a real positive factor.

D. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work in Yuma County seems to be one of comparative security because the things which the work has to offer are timely and needed in the operation of homes.

With adult groups specific studies for the coming year include:

Clothing - Dress that Will Work For You  
New Fabrics

Nutrition - The Mid-Day Meal  
Preparing Menus for the Freezer

Home Management - Short Cuts in Housework  
How to make money Work For You

The 4-H program is becoming better integrated into community life. While the present policy of removing club work from school programs has caused a temporary decrease in the number of boys and girls enrolled, it should deepen the program's roots for real accomplishments